

# Development and regulation of body weight: A genetic, behavioral and neuro-endocrinological approach

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# **Stellingen**

behorende bij het proefschrift

## **Development and regulation of body weight**

A genetic, behavioral and neuro-endocrinological approach

1. Tijdens de puberteit spelen voornamelijk endocriene factoren een rol in de regulatie van het lichaamsgewicht. (dit proefschrift)
2. Verhoogde leptine spiegels zijn een voorwaarde voor de start van de puberteit bij meisjes, maar niet bij jongens. (dit proefschrift)
3. Soms vervangt stress honger. (dit proefschrift)
4. Stress veroorzaakt een vicieuze cirkel van ongeremd eten en verhoogde voedselinname. (dit proefschrift)
5. Weinig slaap en een hoge BMI gaan hand in hand. (dit proefschrift)
6. Stress bestaat!
7. Het kruisen van roodborsttapuiten uit verschillende werelddelen verstoort hun energie huishouding. (Tieleman BI et al., 2009 May 7;276(1662):1685-93 Proc. Biol. Soc.)
8. Genus ≠ sekse (A. Pease & B. Pease, Waarom mannen niet luisteren en vrouwen niet kunnen kaartlezen).
9. Vrouwenemancipatie eindigt bij een lekke fietsband.
10. Je kunt niet gelukkig worden, alleen gelukkig zijn (Guido Wijers, oudejaarsconference).