

# Competency in shaping one's life : autonomy of older adults with type 2 diabetes mellitus who are treated in a nurse-led clinic

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## PROPOSITIONS

On the basis of the dissertation

### COMPETENCY IN SHAPING ONE'S LIFE

#### Autonomy of older adults with type 2 diabetes mellitus who are treated in a nurse-led clinic

Patient autonomy is a multi-dimensional and dynamic concept. (*this dissertation*)

Patient autonomy is not only related to the nurse–patient interaction but embedded in a persons' life context. (*this dissertation*)

Family members support patient autonomy the most but are invisible to health professionals. (*this dissertation*)

Good relationships with patients are at odds with production in minutes. (*this dissertation*)

Nurses best support patient autonomy by facilitating opportunities where patients have both the possibility to make their own independent decisions and resources in terms of support from others. (*this dissertation*)

Not so long ago, qualitative research was simply excluded a priori from systematic review (i.e. not read at all) largely because it was perceived as yielding weak evidence.

*M. Sandelowski*

Nursing is done with people, for people, to people and as people.

*V. Tschudin*

Clinics run by nurse practitioners with a master degree are the future of chronic (diabetes) care.

Managers work 15 hours a day and 5 days a week. Diabetes self-managers work 24 hours a day and 7 days a week. When managers fail they get a bonus and leave. When diabetes self-managers fail they also get a certificate – that of non-compliance – but have to stay.

Wir sind in Todesangst, dass die Nächstenliebe sich zu weit ausbreiten könnte und richten Schranken gegen sie auf – die Nationalitäten. (*We are afraid to death that brotherly love will spread out too much and construct barriers – the nationalities.*)

*M. von Ebner-Eschenbach*

In die Beag bin i's gean, und do gfreit si mei gmiat. Wou die Oimrouslan wogsn und da Einzian bliat. (*I like to be in the mountains and my soul enjoys it. Where the alp roses grow and the gentians blossom*)

*Steirisches Volkslied*