

Excess aldosterone as a mechanism of resistant salt-sensitive arterial hypertension

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Propositions

Belonging to the thesis: “Excess aldosterone as a mechanism of resistant salt-sensitive arterial hypertension”

by Francesca Torresan

1. Primary aldosteronism is a vastly underdiagnosed cause of arterial hypertension; particularly of drug-resistant arterial hypertension (*This thesis*)
2. AVS-guided laparoscopic adrenalectomy allows to achieve biochemical cure of unilateral primary aldosteronism and resolution of resistant arterial hypertension (*This thesis*)
3. Biochemical cure of primary aldosteronism by unilateral adrenalectomy improves the quality of life and depression status in the long-term (*This thesis*)
4. The role of salt in the pathogenesis of arterial hypertension is unambiguously established, albeit the mechanisms are still incompletely understood (*This thesis*)
5. In the last decade, the skin has emerged as a new player in the control of blood pressure through local homeostasis of sodium (*This thesis*)
6. Skin sodium storage in primary aldosteronism is reversible after curative unilateral adrenalectomy suggesting that tissue sodium accumulation could be mechanistically related to the development of arterial hypertension (*This thesis*)
7. Don't wish it was easier, wish you were better - *Jim Rohn*
8. Without data, you're just another person with an opinion - *W. Edwards Deming*
9. It's what we think we know that keeps us from learning – *Claude Bernard*
10. Cum grano salis: as always in science, there is no absolute truth, and new concepts are constantly challenged by experimental data