

# The world starts with me : promoting sexual and reproductive health and rights of adolescents in Uganda

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## Propositions belonging to the PhD dissertation

# The World Starts With Me

### Promoting sexual and reproductive health and rights of adolescents in Uganda

1. Sex education programmes targeting sexually experienced adolescents should focus on the perceived social norm towards condom use (this dissertation).
2. Transactional sex is often seen as a problem for girls, but this practice also puts pressure on boys to financially compete with other boys and men, causing financial problems (this dissertation).
3. In countries like Uganda, where schools struggle with limited time, resources and shortage of staff, it is wise to give much more attention to the implementation context than to the development of a fancy and elaborated sex education programme (this dissertation).
4. The World Starts With Me is effective in changing the intention among Ugandan secondary school students to have safe sex and to delay sexual intercourse (this dissertation).
5. The relative importance of Reasoned Action Approach variables (Fishbein & Ajzen, 2010) may vary according to the behaviour, the population targeted and the socio-cultural, economic and political context in which the behaviour takes place.
6. Economic and structural models are useful additions to the more individual focused Reasoned Action Approach model in order to connect economic and infrastructural opportunities and community access to health-related products with individual perceptions of the costs and benefits of risky sexual behaviour.
7. Transactional sex in Uganda is not confined to intergenerational sex and can take place in coercive as well as in non-coercive sexual relationships.
8. The Ugandan defilement law, developed with the intention to protect girls from coercive sex with men, creates an environment in which fear, taboo and secrecy around young peoples' sexuality dominate.
9. A Stick is straightened while still young (Ugandan proverb).
10. It is one thing to be educated about sexual rights, another to be supported to exert them.
11. There are two worlds: our bodies and the external world (Immanuel Kant, 1724-1804).