

Examining the effects of acute stress on memory in eyewitness settings

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Propositions

Examining the Effects of Acute Stress on Memory in Eyewitness Settings

1. There is little consensus between memory experts on the relationship between acute stress and memory. *(This thesis)*
2. Different fields of psychological research show inconsistent results regarding acute stress effects on memory performance, likely due to different goals and methodologies. *(This thesis)*
3. Previous stress-memory research may be limited in reliability and generalizability. *(This thesis)*
4. In stress research, proper stress induction, stress checks and isolation of memory phases are of the essence. *(This thesis)*
5. In applied memory research, to-be-remembered stimuli and memory tasks should resemble situations in the real world. *(This thesis)*
6. Acute stress experienced in forensic settings should be considered both an estimator variable (i.e., stress experienced at encoding) and a system variable (i.e., stress experienced at retrieval).
7. The success of future stress research will depend on researchers' responsiveness to the methodologies and findings borne in other research fields and their willingness to collaborate with researchers from different fields.
8. "Our heads are round so thoughts can change direction." *(Allen Ginsburg)*
9. "Real change, enduring change, happens one step at a time." *(Ruth Bader Ginsburg)*
10. "Above all, don't fear difficult moments. The best comes from them." *(Rita Levi-Montalcini)*