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Citation for published version (APA):


Document status and date:
Published: 01/02/2012

DOI:
10.1152/ajpheart.00710.2011

Document Version:
Publisher's PDF, also known as Version of record

Document license:
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Please check the document version of this publication:

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Download date: 02 Nov. 2023
Geometrical models for cardiac MRI in rodents: comparison of quantification of left ventricular volumes and function by various geometrical models with a full-volume MRI data set in rodents

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Departments of 1Human Biology, 2Human Movement Sciences, 3Radiology and 4Clinical Epidemiology, 5Nutrim, School for Nutrition, Toxicology and Metabolism, 6Cardiovascular Research Institute Maastricht, Maastricht University Medical Centre, The Netherlands

Submitted 18 July 2011; accepted in final form 14 November 2011

Innovative methodology

First published November 18, 2011; doi:10.1152/ajpheart.00710.2011. — Am J Physiol Heart Circ Physiol 302: H709–H715, 2012. First published November 18, 2011; doi:10.1152/ajpheart.00710.2011 — MRI has been proven to be an accurate method for noninvasive assessment of cardiac function. One of the current limitations of cardiac MRI is that it is time consuming. Therefore, various geometrical models are used, which can reduce scan and postprocessing time. It is unclear how appropriate their use is in rodents. Left ventricular (LV) volumes and ejection fraction (EF) were quantified on 7.0 Tesla cine-MRI in 12 wild-type (WT) mice, 12 adipose triglyceride lipase knockout (ATGL−/−) mice (model of impaired cardiac function), and 11 rats in which we induced cardiac ischemia. The LV volumes and function were either assessed with parallel short-axis slices covering the full volume of the left ventricle (FV, gold standard) or with various geometrical models (modified Simpson rule (SR), biplane ellipsoid (BP), hemisphere cylinder (HC), single-plane ellipsoid (SP), and modified Teichholz Formula (TF)). Reproducibility of the different models was tested and results were correlated with the gold standard (FV). All models and the FV data set provided reproducible results for the LV volumes and EF, with interclass correlation coefficients ≥0.87. All models significantly over- or underestimated EF, except for SR. Good correlation was found for all volumes and EF for the SR model compared with the FV data set (R2 ranged between 0.59–0.95 for all parameters). The MC model and BP model also predicted EF well (R2 ≥ 0.85), although proved to be less useful for quantitative analysis. The SP and TF models correlated poorly with the LV data set (R2 ≥ 0.45 for EF and R2 ≥ 0.29 for EF, respectively). For the reduction in acquisition and postprocessing time, only the SR model proved to be a valuable method for calculating LV volumes, stroke volume, and EF.

ejection fraction; left ventricular volume

CARDIOVASCULAR DISEASES STILL ARE ONE OF THE MAIN CAUSES OF DEATH IN WESTERN COUNTRIES, and the incidence and prevalence of cardiovascular diseases are still increasing (28, 29). Therefore, many studies have focused on the prevention, treatment, and etiology of these diseases. Rodent models of cardiac disease have played a critical role in this area of expertise and hence models to assess rodent cardiac function have become an important tool in studies of rodent models of cardiac disease (7, 14). With MRI, systolic function can be assessed by calculating the ejection fraction (EF) from sequential multislice short-axis cine-MRI covering the complete volume of the left ventricle (25). However, this requires an acquisition of at least six to eight slices (depending on the size of the heart), which can be quite time consuming, especially in studies requiring high spatial resolution. Also manual or semiautomatic analysis of these slices can demand a substantial amount of time in high-throughput applications (31). Furthermore, it might be desirable to be able to allow quick assessment of the cardiac function, as a secondary parameter, without increasing scan time too much. The acquisition duration is not only depending in terms of scan time but also prolongs the duration of anesthesia and hence increases stress in the animals under investigation (5, 11). In specific cardiovascular compromised genotypes, such as the adipose triglyceride lipase knockout (ATGL−/−) mouse, which was used in our studies (10), prolonged anesthesia can in some cases increase mortality rate.

To circumvent this, several studies have implemented geometrical models for assessment of cardiac function in rodents, rather than acquiring multiple parallel slices with multislice cine-MRI to determine the full volume of the left ventricle (4, 8, 13, 15, 18, 26, 30). These models estimate left ventricular (LV) volumes based on single or perpendicular biplane or even triplane slices (6) and therefore allow quick assessment of LV volumes and EF, as they only require acquisition of one up to three instead of six to eight slices for mice. For rats, due to the larger size of the left ventricle, the reduction in number of slices is even larger, i.e., 1–3 instead of 6–10 slices. This would substantially reduce total scan time with 10–30 min for mice and even 20–45 min for rats. A typical total examination time during which the mice and rats are kept under anesthesia for assessment of cardiac function is 40–45 and 45–60 min, respectively. Additionally, acquisition of images required for the geometrical models instead of a full volume data set would reduce the number of slices to be segmented to calculate the LV volumes and EF with a factor of 2–3 for mice and 2–4 for rats, thereby also reducing time spent on the assessment of cardiac function in rodent models of cardiac disease.

Although these models have been compared with ultrasound (4) and have been validated in humans (6), to our knowledge no study has determined which of these geometrical models is been proven to be an accurate method for noninvasive assessment of cardiac function in rodents (22, 23, 25) and has therefore become an important tool in studies of rodent models of cardiac disease (7, 14). With MRI, systolic function can be assessed by calculating the ejection fraction (EF) from sequential multislice short-axis cine-MRI covering the complete volume of the left ventricle (25). However, this requires an acquisition of at least six to eight slices (depending on the size of the heart), which can be quite time consuming, especially in studies requiring high spatial resolution. Also manual or semiautomatic analysis of these slices can demand a substantial amount of time in high-throughput applications (31). Furthermore, it might be desirable to be able to allow quick assessment of the cardiac function, as a secondary parameter, without increasing scan time too much. The acquisition duration is not only depending in terms of scan time but also prolongs the duration of anesthesia and hence increases stress in the animals under investigation (5, 11). In specific cardiovascular compromised genotypes, such as the adipose triglyceride lipase knockout (ATGL−/−) mouse, which was used in our studies (10), prolonged anesthesia can in some cases increase mortality rate.

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Although these models have been compared with ultrasound (4) and have been validated in humans (6), to our knowledge no study has determined which of these geometrical models is
most accurate in determining cardiac function compared with the gold standard, i.e., cine-MRI of the complete left ventricle by full volume imaging in rodents. Therefore, the aim of the present study was to evaluate reproducibility and validity of these geometrical models in mice compared with the gold standard, cine-MRI of the complete left ventricle. After testing the validity of these geometrical models in wild-type mice with anticipated normal cardiac function, we tested applicability of these models in mice with anticipated cardiac failure and in rats in which we induced myocardial infarction.

METHODS

Animals. Mice and rats were housed under standard conditions at 25°C with a 14:10-h light-dark cycle with ad libitum access to water and standard chow diet. The Maastricht University Medical Centre Institutional Ethics Committee on Animal Welfare approved all experiments. Twelve wild-type C57BL/6 mice with anticipated normal cardiac function were imaged for validation of the geometrical models. In addition, we extended the validation to a model of severe cardiac dysfunction by using 12 adipose triglyceride lipase knockout mice (ATGL−/−, age 8–12 wk). ATGL−/− mice were generated on a mixed genetic background (50% C57BL/6 and 50% 129/Ola) as previously described (9). The targeted ATGL allele was then backcrossed onto the C57BL/6 background strain for >10 generations. Furthermore, myocardial infarction (MI) was induced in 11 male Wistar-rats (300–500 g) by ligation of the left anterior descending coronary artery using a 6–0 Prolene suture, as described previously (17, 19). Subsequently, the rats were scanned between 7 and 21 days post-MI.

Before MRI, mice were anesthetized using 1–2% isoflurane (Abbott Laboratories, Queensborough, UK) in medical air. Neonatal ECG electrodes (3M, St. Paul, MN) were placed on the paws of the right front leg and left hind leg and connected to an MR compatible small animal monitoring system (SA Instruments, Stony Brook, NY). Animals were placed on a warm waterbed. Respiratory rate was continuously monitored.

MRI protocol. MRI was performed on a 7 Tesla Bruker Biospec 70/30 USR (Bruker Biospin, Ettlingen, Germany) using the BGA12-S mini-imaging gradient (maximum gradient strength: 400 mTm−1, slew rate: 5,000 Tm−1·s−1, and linear inductive rise time: 5–95% on all axis, 80 μs), interfaced to an AVANCE II console. First, a bright blood cine image with 10 cardiac phases was recorded in horizontal 4-chamber view (4CH) using a retrospectively self-gated protocol (IntraGate, Bruker Biospin; imaging time: ~2–4 min, for the mice: 2.56 × 2.56 cm2 field of view, 164 × 164 matrix size; for the rats: 5.0 × 5.0 cm2 field of view, 128 × 128 matrix size see Fig. 1, I and J). This 4CH orientation was used to plan a long axis view (LA) perpendicular to the 4CH view with the same self-gated protocol (see Fig. 1, A, B, E, and F). The orientation was defined as a sagittal plane through the mitral valve and the apex. Perpendicular to this LA and 4CH view and the septum, a short axis view (SA) was positioned (see Fig. 1, C, D, G, H, K, and L). The slice was planned at half height of the left ventricle, 1–2 mm below the leaflets of the mitral valve. This image was acquired ECG and respiratory gated, using a bright blood gradient echo sequence with the following parameters for the mice studied: repetition time: 11.6 ms, echo time: 2.5 ms, flip angle: 50°, one slice, 1-mm thickness, eight signal averages, field of view: 25.6 × 25.6 mm, and matrix-size: 164 × 164, resulting in an in-plane resolution: 0.16 × 0.16 mm2 and acquisition time: ~4 min. The SA images of the rats were acquired with the following parameters: repetition time: 7 ms, echo time: 2.8 ms, flip angle: 50°, 1 slice, 1.26-mm thickness, one signal average, field of view: 50 × 50 mm, and matrix-size: 192 × 192, resulting in an in-plane resolution: 0.26 × 0.26 mm2 and acquisition time: ~5 min. For image analysis of the complete LV volumes, five to nine additional slices were planned parallel to the short axis slice with a slice thickness of 1 mm in the mice and 1.2 mm in the rats, without gap between slices. The slices covered the whole left ventricle, from the apex to the base. The images were acquired using the same pulse sequence. The average time for acquiring the images needed to assess EF with a full volume data, using eight slices, is ~50 min.

Image analysis. All images were analyzed in OsiriX (Dicom viewer, version 3.5; Pixmeo, Geneva, Switzerland). The end-diastolic volumes (EDV) and end-systolic volumes (ESV) of the left ventricle were considered the largest and the smallest areas, respectively, of the LV cavity in each slice. For the analysis of cine-MRI, the window width and level were manually adjusted to recognize the internal ventricular morphologic characteristics. For the measurements of LV volumes, the whole LV cavity was selected with semiautomated
segmentation parameters in OsiriX. The papillary muscle was excluded from the LV volume during analysis. The diameter (D) of the LV volume on the short axis was measured as the longest distance between the septum and the ventricular wall. Length (L) of the LV on the LA view was defined as the longest distance from the apex to the valves. On average, the time needed to analyze one slice was 3 min.

Data analysis. In all animals, EDV, ESV, stroke volume (SV = EDV − ESV), and EF (EF = SV/EDV) were calculated from the EDV and ESV volumes based on either the multislice short axis cine-images of the complete left ventricle (gold standard) or based on the different geometrical models as described by Dulce et al. 1993 (6). The algorithms and required imaging slices for these models can be found in Fig. 2.

Statistical analysis. Measurements of LV volumes and EF from cine MRI in both the wild type animals and the transgenic ATGL−/− mice are presented as mean values ± SD. The correlations of LV volumes and EF, as measured with the various geometric models vs. the full volume data set of the left ventricle (gold standard), were assessed by linear regression analysis. R², P values, and 95% individual confidence intervals (also known as prediction intervals) are reported for all regression analysis. Differences in LV volumes and EF between the geometric models and the gold standard were analyzed for statistical significance with a one-way ANOVA. Also, differences in outcome measures between the different genotypes were assessed with a one-way ANOVA for each model separately. P value < 0.05 was considered statistically significant. Reproducibility was tested by calculating the interclass correlation for two consecutive measurements for all geometrical models and the gold standard in five wild-type mice. For measuring the two consecutive measurements, mice were taken out of the scanner in-between the measurements, where after they were repositioned and all preparatory steps (including shimming and acquisition of scout-images) were repeated.

RESULTS

Reproducibility. The interclass correlation coefficients for each model for the LV volumes and EF are summarized in Table 1. The interclass correlation coefficient was > 0.85 for all parameters in each model indicating a good reproducibility for all models.

Validation of LV volumes and EF. The values for LV volumes and EF in the various animal groups are summarized in Table 2. The modified Simpson rule model gave statistically indifferent values for both the LV volumes and the EF compared with the full volume data set for all study groups. All models could pick up the marked differences in LV volumes and EF found between wild-type and transgenic mice (P < 0.05, one-way ANOVA test, data not shown).

Linear regression analysis. The scatter plots with individual regression lines of the EF quantified by the models vs. the gold standard (quantification based on full volume data set) are provided in Fig. 3. Pearson’s correlation coefficients (r), individual 95% confidence intervals and R² can also be found in Fig. 3. As the modified Simpson rule model was the only model that provided the correct absolute values for EF and LV volumes, we also present the scatter plots of the LV volumes and SV with the full volume data set for this model in Fig. 4 (for mice and rats the data are presented separately).

Table 1. Interclass correlation coefficients of LV volumes and ejection fraction in wild-type animals

<table>
<thead>
<tr>
<th>Wild-Type Animals</th>
<th>Interclass Correlation Coefficients</th>
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<tbody>
<tr>
<td></td>
<td>EDV</td>
</tr>
<tr>
<td>FV</td>
<td>0.944</td>
</tr>
<tr>
<td>BP</td>
<td>0.991</td>
</tr>
<tr>
<td>SR</td>
<td>0.995</td>
</tr>
<tr>
<td>HC</td>
<td>0.979</td>
</tr>
<tr>
<td>SP</td>
<td>0.997</td>
</tr>
<tr>
<td>TF</td>
<td>0.983</td>
</tr>
</tbody>
</table>

Values were obtained with geometric models and a complete imaging set of the left ventricle (LV) acquired with cine-MRI. Presented are the interclass correlation coefficients of repeated measurement in 5 mice. EDV and ESV, end-diastolic and end-systolic volume; SV, stroke volume; EF, ejection fraction; FV, full volume data set; BP, biplane ellipsoid model; SR, modified Simpson rule model; HC, hemisphere cylinder model; SP, single plane ellipsoid model; TF, modified Teichholz formula model.
### DISCUSSION

In this study, we aimed to assess the validity of common geometrical models compared with the gold standard, a full volume data set, for quantification of LV volumes and EF with cine-MRI in rodents. We showed that the reproducibility of all models was good, with higher variations in the Teichholz formula model. When the models were compared with the full volume data set, only the modified Simpson rule model showed no significant differences with the gold standard for all the calculated parameters. The values found for the LV volumes, SV, and EF with the modified Simpson rule model correlated well with the full volume data set (gold standard). Also the EF found with the hemisphere cylinder and biplane ellipsoid model showed high correlation coefficients with the full volume data set. The two remaining models were poor predictors of EF.

Although these findings are new for MRI applications, previous research using other imaging modalities already pointed in this direction. For instance, it has been shown that the Teichholz formula model does not give comparable results in MRI compared with ultrasound (4). These results also did not correlate with values found with the modified Simpson rule model in this study either (4). The discrepancy in absolute values compared with the gold standard for all models except the modified Simpson rule points out that care should be taken when cardiac function is compared between studies using different methodology.

By using the modified Simpson rule, one needs to acquire and assess only three imaging planes, thereby reducing total examination time by 10–45 min compared with total examination time including positioning of the animal of 30–60 min in the present study. In addition, segmentation time is reduced by two to threefold (depending on the animal species used). The modified Simpson rule model is the only model that divides the heart into three different compartments, based on three imaging planes. This may explain why it is more accurate in estimating the LV volumes, and therefore it might also be more sensitive for nonsymmetrical pathologies (like myocardial infarction, for instance). The other models are based on only one (modified Teichholz formula and single plane ellipsoid model) or two (Hemisphere and biplane ellipsoid models) imaging planes.

The most simplified models, using only one plane, showed indeed the weakest correlations, whereas the two plane models did better. Although the EF as determined by these two plane models correlated well with the EF calculated from the full volume data set, they significantly over- or underestimated the real volumes of the left ventricle. Therefore, only the modified Simpson rule can be applied in rodent studies of cardiac disease.

For high throughput studies, parallel imaging or simultaneous scanning of multiple animals might by used as an alternative to reduce scan time. These methods will, however, not lead to a...
reduction in segmentation time. Scanning multiple animals simultaneously is still a quite new technique, which requires specific system requirements (1–3). Parallel imaging leads to a reduction of the signal-to-noise ratio and therefore may not always be appropriate (16, 20, 21, 27). The Simpson rule model could be a good alternative, and combining parallel imaging with the Simpson rule model will even further increase the throughput.

One of the limitations of this study is that the mouse model of transient cardiac disease, namely the ATGL<sup>−/−</sup> as a model for cardiomyopathy, is quite a rare model. Nonetheless, we choose to use this model as their cardiac function is severely impaired and the progression of their disease is rather extreme (9), which introduces variation in the main outcome parameters as can be found in Table 2. This variation is not due to a poor reproducibility in this specific group, rather it is due to variation of the disease stage as cardiac function drastically drops with age. A greater variation in the outcome parameters gives a larger spread in the data and makes these data more suited for linear regression analysis. Therefore, this model was ideal for looking at correlations in EF. In addition to the ATGL<sup>−/−</sup> mice, we also included wild-type mice and rats with myocardial infarction in the present study, since these are more commonly used.

Introducing the rat model of myocardial infarction in this study not only introduced a more common model of cardiac disease but also increased the number of animals for linear regression analysis of EF. One drawback might be that we did handle two different kinds of species in the same analysis. Therefore, we analyzed the correlations between the modified Simpson rule model and full volume data set for the LV volumes and SV for the different animal species separately. The LV volumes seemed to correlate better in the rat model than in the mouse model. The differences in the correlations found are most likely due to the better estima-
tion of the LV volumes in the segmentation analysis of the rat hearts due to relatively higher resolution of the left ventricle (as the LV is quite a bit bigger in rats). Also, the spread of the EDV in the rat hearts was greater, resulting in a better spread of the data suitable for regression analysis.

In conclusion, the modified Simpson rule is a good alternative to a full volume data set and reduces scan and postprocessing time. Comparing the absolute values as determined by different geometrical models should be done with caution as they give variable results.

**GRANTS**

This work was supported by the Center for Translational Molecular Medicine and the Netherlands Heart Foundation, Dutch Diabetes Research Foundation, and Dutch Kidney Foundation (PREDICCT). V. B. Schrauwen-Hinderling is supported by a VENI grant from the Netherlands Organisation for Scientific Research (NWO).

**DISCLOSURES**

No conflicts of interest, financial or otherwise, are declared by the author(s).
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