

# A nursing intervention to handle patient aggression : the effectiveness of a training course in the management of aggression

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**A nursing intervention to handle patient  
aggression:**

**The effectiveness of a training course in  
the management of aggression**

van

Ian Needham  
Maastricht, 23 december 2004

1. The management of aggression is a necessary part of education for Swiss nurses (this dissertation).
2. Nurses and patients alike suffer from the consequences of patient aggression (this dissertation).
3. Training in aggression management contributes to a reduction of some types of aggressive behaviour and to the reduction of coercive measures in psychiatry (this dissertation).
4. Training in the management of aggressive patient behaviour boosts reported confidence levels of nursing trainees but has no influence on nurses' perception of aggression (this dissertation).
5. Nursing assessment does not mean to religiously complete long lists of signs and symptoms.
6. Many conceptions on primary nursing exist in Germany and Switzerland and thus a consensus based definition would be helpful to enable benchmarking.
7. Paternalism in psychiatry is sometimes utile and sometimes futile.
8. The common sense approach is more helpful to psychiatric patients suffering from disturbances in reality perception than the approach of the radical constructivists.
9. „Schweigen ist Silber, Handeln ist Gold, Reden ist Blech“.  
(Hermann Simon)
10. Scrambling Gion Gasser may lead to aggression.