

# Failure to adapt

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## **FAILURE TO ADAPT**

**DOOR ANNA HUYSSSE-GAYTANDJIEVA**

1. Job lock is related to employee's personal characteristics as well as on-work and off-work related factors. (This dissertation)
2. The same factors that push an employee into job lock also lead him/her to long-term job lock. (This dissertation)
3. Low self-esteem increases the risk to become unemployed. (This dissertation)
4. Trans-cultural adaptation is a process of interaction. (This dissertation)
5. Self-esteem has an important economic value. (This dissertation)
6. Self-determination has a direct effect on job embeddedness components, while self-compassion influences job embeddedness via its effect on self-aspects. (This dissertation)
7. It is essential that we are aware of our self-esteem. Not to change it but not to let it imperceptibly, inconspicuously change us.
8. We need compassion if we do not want to destroy ourselves and the planet.
9. Individual characteristics are an underestimated element in economic studies on mobility.
10. Migration is an adaptive reaction that keeps systems vital.