

Do your eyes protect your memory?

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Stellingen

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Do your eyes protect your memory?

From memory myths to the false memory potential of
Eye Movement Desensitization and Reprocessing

1. Eye movements are not an essential ingredient of EMDR. *(dit proefschrift)*
2. Skepticism and endorsement of problematic ideas about memory-related topics may coexist within EMDR practitioners. *(dit proefschrift)*
3. Misinformation after performing horizontal eye movements as used in EMDR can fuel false memories. *(dit proefschrift)*
4. Even when a therapist refrains from suggestive questioning, the intervention itself can elicit spontaneous false memories. *(dit proefschrift)*
5. EMDR can be problematic in a legal psychological context. *(impact)*
6. Identifying side effects of treatments is an improvement in patient safety and quality of care.
7. EMDR-therapists suffer from confirmation bias: Laboratory studies are clinically relevant as long as the results are in favor of the therapy, but are not always acknowledged when potential pitfalls are uncovered.
8. The aim of argument, or of discussion, should not be victory, but progress. *(Joseph Joubert)*
9. He has a right to criticize, who has a heart to help. *(Abraham Lincoln)*
10. $6 + 3 = 9$. Maar $5 + 4$ ook. De manier waarop jij iets doet, is niet altijd de enige manier. *(OMDENKEN)*
11. Phoebe: (...) "You'd be in competition... with yourself." Monica: "That's my favorite kind!". *(Friends, Season 10, Episode 8)*

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