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# Urocortin 2 Gene Transfer Improves Heart Function in Aged Mice

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**Prevalence of left ventricular (LV) systolic and diastolic dysfunction increases with aging. We previously reported that urocortin 2 (*Ucn2*) gene transfer increases heart function in mice with heart failure with reduced ejection fraction. Here, we test the hypotheses that (1) *Ucn2* gene transfer will increase LV function in aged mice and that (2) *Ucn2* gene transfer given in early life will prevent age-related LV dysfunction. Nineteen-month-old (treatment study) and 3-month-old (prevention study) mice received *Ucn2* gene transfer or saline. LV function was examined 3–4 months (treatment study) or 20 months (prevention study) after *Ucn2* gene transfer or saline injection. In both the treatment and prevention strategies, *Ucn2* gene transfer increased ejection fraction, reduced LV volume, increased LV peak  $-dP/dt$  and peak  $+dP/dt$ , and reduced global longitudinal strain. *Ucn2* gene transfer—in both treatment and prevention strategies—was associated with higher levels of LV SERCA2a protein, reduced phosphorylation of LV CaMKIIa, and reduced LV  $\alpha$ -skeletal actin mRNA expression (reflecting reduced cardiac stress). In conclusion, *Ucn2* gene transfer restores normal cardiac function in mice with age-related LV dysfunction and prevents development of LV dysfunction.**

## INTRODUCTION

Heart failure (HF), a major cause of death, affects 6 million people in the United States, and its prevalence increases with age.<sup>1</sup> In recent decades, it has become apparent that patients with preserved left ventricular (LV) ejection fraction (EF) who have symptoms of HF (HFpEF), formerly referred to as diastolic HF, should be considered separately from those with HF and reduced EF (HFrEF).<sup>2</sup> Patients with HFpEF constitute up to 50% of the HF population.<sup>3</sup> They have abnormal ventricular filling, often due to hypertension and to associated hypertrophy and increased stiffness of the myocardium. HFpEF is associated with diabetes, myocardial ischemia, and advanced age.<sup>3,4</sup> In addition, there is usually concomitant impaired systolic function when assessment is done via less load-dependent indices of systolic function than EF, such as peak rate of LV pressure development ( $+dP/dt$ ) and global longitudinal strain (LV strain, hereinafter).<sup>5</sup>

There are several interventions (pharmacological and devices) that reduce hospitalization rates and mortality in patients with HFrEF, although the outlook remains poor even with optimal therapy. Unfortunately, patients with HFpEF do not respond similarly to such interventions—pharmacological therapies can provide some symptom relief, but do not influence clinical outcomes such as hospitalizations for HF or mortality.<sup>4</sup> Effective therapies for HFpEF are needed. In the present study, we test the effectiveness of urocortin 2 (*Ucn2*) gene transfer in mice as a treatment for and prevention of age-related LV dysfunction, which includes both diastolic and systolic dysfunction in the setting of EF > 50%.

*Ucn2*, a member of the corticotropin-releasing factor (CRF) family, is a 38-aa peptide that binds with high affinity to the corticotropin-releasing hormone receptor 2 (CRHR2). A preclinical study found that *Ucn2* peptide infusion increased LV contractile function in mice with HFrEF and improved LV diastolic function.<sup>6</sup> Studies in large animals<sup>7</sup> and humans<sup>8–10</sup> have confirmed the safety and the beneficial effects of *Ucn2* peptide infusion on measures of heart function in HFrEF. To our knowledge, no clinical studies have investigated the effects of *Ucn2* peptide infusions in the setting of HFpEF.

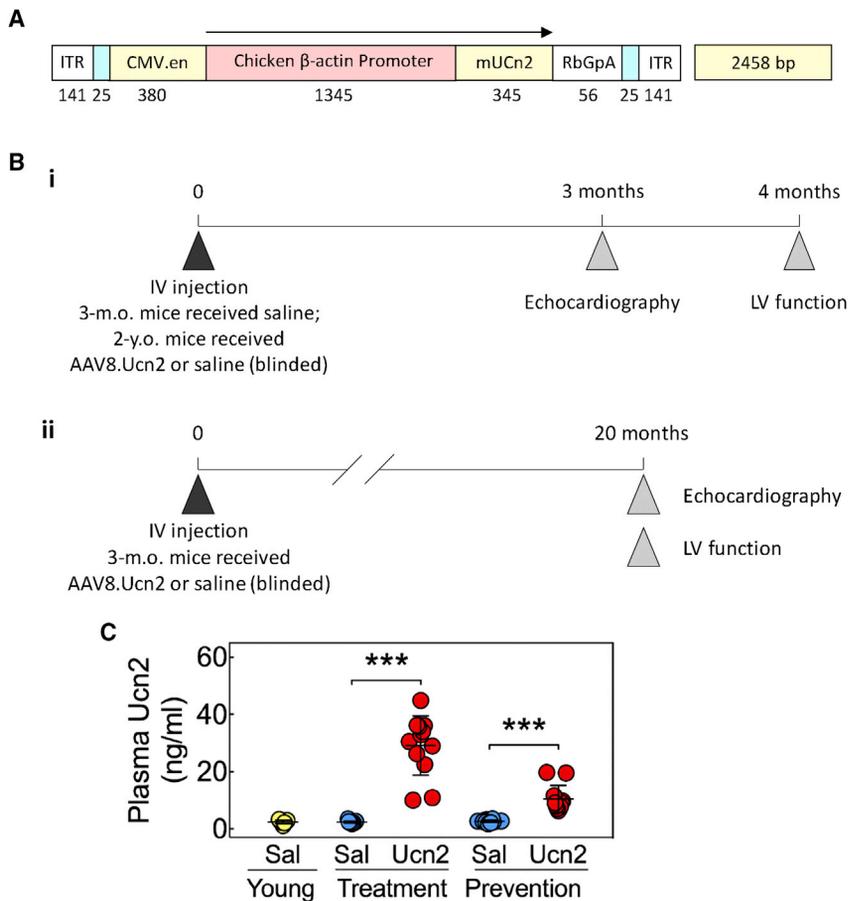
Considering the short half-life of *Ucn2* (15 min),<sup>11</sup> continuous intravenous infusion of *Ucn2* peptide would be necessary in order to have sustained effects on the failing heart. This limitation precludes the use of *Ucn2* peptide infusion as a long-term HF treatment. To overcome this impediment, we have used *Ucn2* gene transfer to provide a sustained increase in the plasma levels of *Ucn2*. We have previously demonstrated in preclinical studies that such an approach is feasible. For example, intravenous delivery of an adeno-associated virus vector encoding *Ucn2* (AAV8.*mUcn2*) raised plasma *Ucn2* levels and increased LV

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**Figure 1. Urocortin 2 Vector Construct and Plasma Levels**

(A) AAV8.CBA.mUcn2 vector map. ITR, inverted terminal repeat; CMV.en, cytomegalovirus enhancer; CBA, chicken  $\beta$ -actin promoter; Ucn2, murine urocortin 2;  $\beta$ GpA,  $\beta$ -globin polyadenylation signal. (B) Study design. (i) Aged mice study; (ii) prevention study. m.o., months old; y.o., years old. (C) Ucn2 plasma levels in 3-month-old (Young) and 2-year-old (Treatment) mice 4 months after intravenous delivery of AAV8.mUcn2 (Ucn2,  $1.9 \times 10^{13}$  gc/kg) or saline (Sal). Ucn2 plasma levels in 3-month-old mice were studied 20 months (Prevention) after saline (Sal) or AAV8.mUcn2 (Ucn2;  $1.9 \times 10^{13}$  gc/kg) administration. Individual data are indicated (mean  $\pm$  SE). The p value is from Student's t test (unpaired, two-tailed); \*\*\*p < 0.001.

#### Treatment Study

Only male mice were used in the treatment study (aged female mice were unavailable from the vendor). Plasma Ucn2 levels were increased 4 months after delivery (saline:  $2.3 \pm 0.1$  ng/mL, n = 11; Ucn2:  $29.1 \pm 3.0$  ng/mL, n = 12; p < 0.0001; Figure 1).

#### Prevention Study

Plasma Ucn2 levels were increased 20 months after delivery in the prevention study (saline:  $2.7 \pm 0.1$  ng/mL, n = 12; Ucn2:  $10.4 \pm 1.4$  ng/mL, n = 11; p < 0.0001; Figure 1). Females had lower plasma Ucn2 than males

(females:  $7.5 \pm 0.4$  ng/mL, n = 6; males:  $13.9 \pm 2.4$  ng/mL, n = 5; p = 0.017).

#### Echocardiography

##### Treatment Study

Three months after gene transfer or saline treatment, echocardiography was performed to assess LV dimensions and EF. Comparing saline-treated aged mice with saline-treated young mice, the LV posterior wall was thicker (p = 0.0004) and LV strain was higher (p = 0.02) in aged mice. However, EF was not reduced in aged compared to young mice (Table 1). Compared to saline-treated aged mice, aged mice that received Ucn2 gene transfer showed higher values for EF (p < 0.0002) and velocity of circumferential fiber shortening (VCFc; p < 0.0002) and showed lower LV end-diastolic diameter (EDD; p = 0.004), LV end-systolic diameter (ESD; p < 0.0002), heart rates (HRs), and LV strain (p < 0.0002).

##### Prevention Study

Three-month-old animals were treated with either saline or with Ucn2 gene transfer (Table 2). When they were compared 20 months later, Ucn2 gene transfer was associated with higher EF (p = 0.0002) and VCFc (p = 0.0003) and with lower LV strain (p = 0.002) and ESD (p = 0.002).

systolic and diastolic function in normal mice and in mice with HFReF.<sup>12–14</sup> However, Ucn2 gene transfer has not previously been tested in mice with impaired diastolic function and preserved EF. A second goal of the present study was to determine whether Ucn2 gene transfer that was performed in early life (at 3 months old) could thwart age-related HFpEF in late life. Since many HF patients are of advanced age, this is particularly relevant, because treatment of middle-aged patients with early HF might be advantageous in later life. Therefore, in the present study, we test two hypotheses: (1) Ucn2 gene transfer will increase LV function in aged mice, and (2) Ucn2 gene transfer in early life will prevent the development of LV dysfunction later in life. In both instances, EF prior to randomization was >50%.

## RESULTS

### Plasma Ucn2

Plasma Ucn2 was measured 4 months after the delivery of saline or AAV8.mUcn2 in the treatment study, and 20 months after the delivery of saline or AAV8.mUcn2 in the prevention study. In addition, plasma Ucn2 was measured in 7-month-old mice that received saline at 3 months of age. Plasma Ucn2 levels were similar in the 7-month-old mice, aged mice that received saline, and in aged mice 20 months after saline injection (Figure 1).

**Table 1. Treatment Study, Echocardiography**

	Aged Mice			p Value
	Young Mice (n = 10)	+Saline (n = 11)	+Ucn2 (n = 12)	
HR (bpm)	550 ± 7	545 ± 7	510 ± 8	.008
EDD (mm)	3.9 ± 0.1	4.1 ± 0.1	3.6 ± 0.1	.004
ESD (mm)	2.6 ± 0.1	2.9 ± 0.1	1.9 ± 0.1	<0.0002
IVSd (mm)	.8 ± 0.01	.8 ± 0.02	.9 ± 0.03	.7
PWd (mm)	.7 ± 0.03	.9 ± 0.03*	.8 ± 0.03	.2
EF (%)	64 ± 3	58 ± 3	80 ± 2	<0.0002
VCFc (circ/s)	23 ± 2	21 ± 2	33 ± 2	<0.0002
LV Strain (%)	-12.5 ± 0.6	-9.7 ± 0.6**	-15.3 ± 0.9	<0.0002

Echocardiographic measurements were taken 3 months after saline (Young, +Saline) or AAV8.*mUcn2* (+Ucn2;  $1.9 \times 10^{13}$  gc/kg) administration. Young mice, 3-month-old saline-injected normal mice; Aged mice, 2-year-old mice; HR, heart rate; bpm, beats per minute; EDD, LV end-diastolic diameter; ESD, LV end-systolic diameter; IVSd, intraventricular septum thickness at end diastole; PWd, posterior wall thickness at end diastole; EF, ejection fraction; VCFc, velocity of circumferential fiber shortening (corrected for heart rate); circ, circumference; LV Strain, global longitudinal strain. The p values are from Student's t test (unpaired, two-tailed) with Bonferroni correction. Young versus Aged +Saline: \*p = 0.0004; \*\*p = 0.02.

## LV Function

### Treatment Study

Aged mice were treated with *Ucn2* gene transfer or saline. Young mice were treated with saline. Four months later, peak rates of LV pressure development (LV +dP/dt) were measured using LV pressure catheters. Compared to young mice, aged mice that had received saline showed a 37% mean reduction in LV peak +dP/dt ( $p = 0.0004$ ; Figure 2A) and a 39% reduction in LV peak -dP/dt ( $p = 0.001$ ) (Figure 2B). There were also age-related reductions in LV developed pressure ( $p < 0.0002$ ; Figure 2C) and heart rate ( $p = 0.05$ ; Figure 2D). These data indicate age-related decrements in LV systolic function and diastolic function. However, EF was preserved (Table 1), an important component in the definition of clinical HFpEF. Compared to aged mice that received saline, aged mice that received *Ucn2* gene transfer had a 2-fold more rapid LV peak +dP/dt ( $p < 0.0002$ ; Figure 2A), a 1.7-fold more rapid LV peak -dP/dt ( $p = 0.004$ ; Figure 2B), and a higher heart rate ( $p = 0.0006$ ; Figure 2D).

### Prevention Study

Mice that received *Ucn2* gene transfer when they were young showed a 1.7-fold higher LV peak +dP/dt ( $p = 0.0005$ ; Figure 3A) and a 1.4-fold higher LV peak -dP/dt ( $p = 0.03$ ; Figure 3B) when studied 20 months after randomization. LV-developed pressure was also higher in mice that had received *Ucn2* gene transfer ( $p = 0.03$ ; Figure 3C). No group differences in heart rate were observed.

## Necropsy

### Treatment Study

Comparing saline-treated aged mice with saline-treated young mice (Table 3), the body weight and liver:body-weight ratio showed no group differences. However, there were increases in LV weight ( $p = 0.03$ ), LV:body-weight ratio ( $p = 0.04$ ), and lung:body-weight ratio

**Table 2. Prevention Study, Echocardiography**

	Saline (n = 20)	Ucn2 (n = 16)	p Value
HR (bpm)	538 ± 9	537 ± 8	.94
EDD (mm)	3.9 ± 0.1	3.6 ± 0.1	.12
ESD (mm)	2.7 ± 0.1	2.1 ± 0.1	.002
IVSd (mm)	.8 ± 0.03	.8 ± 0.03	.38
PWd (mm)	.9 ± 0.04	.9 ± 0.05	.73
EF (%)	58 ± 3	72 ± 2	.0002
VCFc (circ/s)	21 ± 1	29 ± 1	.0003
LV Strain (%)	-14.8 ± 1.3	-20.7 ± 1.2	.002

Echocardiographic measurements were taken 20 months after saline (saline) or AAV8.*mUcn2* (*Ucn2*,  $1.9 \times 10^{13}$  gc/kg) administration. HR, heart rate; bpm, beats per minute; EDD, LV end-diastolic diameter; ESD, LV end-systolic diameter; EF, ejection fraction; VCFc, velocity of circumferential fiber shortening (corrected for heart rate); circ, circumference; LV Strain, global longitudinal strain. The p values are from Student's t test (unpaired, two-tailed) with Bonferroni correction.

( $p = 0.001$ ) in the older control mice. There were no saline versus *Ucn2* gene transfer group differences in aged mice.

### Prevention Study

There were no group differences in body or organ weights 20 months after saline or AAV8.*mUcn2* administration (Table 4).

## LV SERCA2a and CaMKII Protein Expression

### Treatment Study

LV sarco/endoplasmic reticulum  $Ca^{2+}$  ATPase (SERCA2a) protein levels were similar in young mice and aged mice that received saline. However, in aged mice, *Ucn2* gene transfer was associated with a 2.9-fold increase in LV SERCA2a ( $p = 0.0004$ ; Figure 4A). LV calcium/calmodulin-dependent protein kinase IIa (CaMKIIa) phosphorylation was not different between young and aged saline-treated animals. However, in aged mice, *Ucn2* gene transfer was associated with a 46% lower level of LV p-CaMKII ( $p = 0.01$ ; Figure 4B).

### Prevention Study

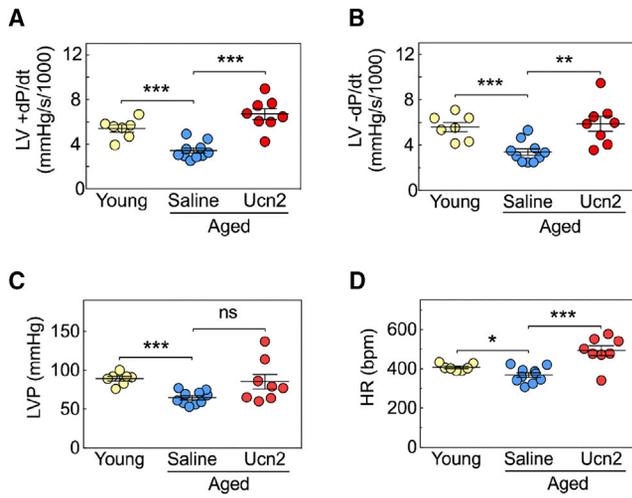
In aged mice that had received *Ucn2* gene transfer 20 months previously, LV SERCA2a protein levels were 1.8-fold higher versus those in mice that received saline ( $p = 0.01$ ; Figure 4C), and they showed a 39% reduction of LV p-CaMKII ( $p = 0.05$ ; Figure 4D).

## LV mRNA Expression of Markers of Hypertrophy and Fibrosis and Duration of Liver Expression

The mRNA expression of several relevant proteins was determined by RT-PCR.

### Treatment Study

*Ucn2* gene transfer in aged mice resulted in lower LV mRNA levels of *AT1aR* ( $p = 0.005$ ), *B cell lymphoma 2 (Bcl-2)* ( $p = 0.008$ ), *brain natriuretic peptide (BNP)* ( $p = 0.04$ ), and *α-skeletal actin* ( $p = 0.0008$ ) (Tables S1 and S2). As expected, mRNA expression of murine *Ucn2* was increased ( $p = 0.0004$ ) in aged mice that received *Ucn2* gene



**Figure 2. Treatment Study: In Vivo Assessment of LV Function**

Young versus aged mice, 4 months after intravenous delivery of AAV8.*mUcn2* ( $1.9 \times 10^{13}$  gc/kg) or saline, underwent physiological studies to assess LV function. (A and B) Peak rate of LV pressure development (A; +dP/dt) and peak rate of LV pressure decay (B; -dP/dt). (C) LV-developed pressure (LVP) was higher in mice that received *Ucn2* gene transfer. (D) Heart rate (HR) in anesthetized animals was lower in young and aged mice that received saline compared to the aged mice that received *Ucn2* gene transfer. LV, left ventricle; Young, 3-month-old saline-injected mice; Aged, 2-year-old mice. Individual data are indicated (mean  $\pm$  SE). The p values are from Student's t test (unpaired, two-tailed) with Bonferroni correction for multiple comparisons; \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ ; ns, not significant.

transfer. Expression levels of *four-and-a-half LIM domain protein 1* (FHL-1) were higher in mice that received *Ucn2* gene transfer ( $p = 0.01$ ).

#### Prevention Study

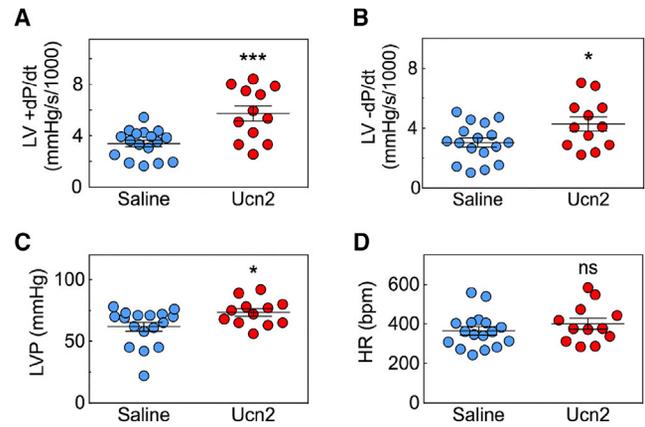
LV protein expression was assessed 20 months after saline or AAV8.*mUcn2* administration (Table S3). Mice that received *Ucn2* gene transfer had lower mRNA levels of  $\alpha$ -skeletal actin ( $p = 0.05$ ) and increased levels of FHL-1 ( $p = 0.008$ ). Murine *Ucn2* expression in the LV was elevated 20 months after gene transfer ( $p = 0.008$ ).

Liver *Ucn2* expression was evaluated 4 months and 20 months after *Ucn2* gene transfer in similarly aged male mice (Table S4), which indicated a 73% reduction in mRNA levels at 20 months versus 4 months after gene transfer ( $p = 0.09$ ). Because we saw sex differences in plasma levels of *Ucn2* (male > female), we examined male versus female liver *Ucn2* mRNA expression in mice in the prevention study, finding no differences: females:  $0.5 \times 10^6 \pm 0.1 \times 10^6$  copies per microgram of cDNA,  $n = 6$ ; males:  $1.5 \times 10^6 \pm 0.8 \times 10^6$  copies per microgram of cDNA,  $n = 5$ ;  $p = 0.21$ .

#### Histological Evaluation of LV and Liver

##### Treatment Study

Qualitative evaluation of LV and liver tissues showed no differences in inflammatory infiltrates or fibrosis among the three groups (Figure S1).



**Figure 3. Prevention Study: In Vivo Assessment of LV Function 20 Months after Saline or AAV8.*mUcn2* ( $1.9 \times 10^{13}$  gc/kg) Administration**

(A and B) Peak rate of LV pressure development (A; +dP/dt) and peak rate of LV pressure decay (B; -dP/dt). These data indicate that AAV8.*mUcn2* (*Ucn2*) gene transfer increased both peak +dP/dt and peak -dP/dt. (C) LV developed pressure (LVP) was increased by *Ucn2* gene transfer. (D) Heart rate (HR) was not altered by *Ucn2* gene transfer. LV, left ventricle. Individual mouse data are shown (mean  $\pm$  SE are indicated); p values are from Student's t test; \* $p < 0.05$ ; \*\*\* $p < 0.001$ ; ns, not significant.

#### Prevention Study

No inflammatory infiltrates or differences in the degree of fibrosis were found in LV and liver 20 months after saline or AAV8.*mUcn2* injection (Figure S2).

#### DISCUSSION

The two most important findings in the present study are that urocortin 2 gene transfer (1) increases LV function in aged mice and (2) prevents the development of age-related impairment of LV diastolic function when delivered to young mice. Preserved EF and impaired diastolic function, in combination with symptoms of HF, are characteristics of clinical HFpEF, which are seen with increased prevalence in older patients.<sup>1-4</sup>

In this study of mice, we could not evaluate symptoms, but we found age-related impairment of LV diastolic function in the context of EF > 50%, LV hypertrophy, and pulmonary congestion, findings analogous to what is seen in clinical settings. A recent paper<sup>15</sup> highlighted the complexity of selecting suitable models of clinical HFpEF, and our model complies with the majority of the suggested requirements. Our data indicate that *Ucn2* gene transfer has beneficial effects in an animal model that shares features of clinical age-related LV dysfunction.

It is noteworthy that aging in mice is associated with similar declines in both LV peak +dP/dt (despite normal EF) and LV peak -dP/dt and that *Ucn2* gene transfer provides a remedy for both impairments. Importantly, aged control mice had higher LV strain than young control mice, while their EFs were similar (Table 1), which is analogous to what is seen in clinical age-related HFpEF.<sup>16,17</sup> In general, we found,

**Table 3. Treatment Study, Necropsy**

	Young Mice (n = 10)	Aged Mice		p Value
		Saline (n = 11)	<i>Ucn2</i> (n = 12)	
BW (g)	31.0 ± 0.5	31.1 ± 0.6	32.8 ± 0.6	.1
LV (mg)	104 ± 4	121 ± 5*	113 ± 5	.6
LV/BW (mg/g)	3.3 ± 0.1	3.9 ± 0.2**	3.5 ± 0.1	.1
Lung/BW (mg/g)	4.8 ± 0.1	5.9 ± 0.2***	6 ± 0.3	1
Liver/BW (mg/g)	45 ± 2	49 ± 2	50 ± 3	1

Necropsy data are from 4 months after saline (Young, +saline) or AAV8.*mUcn2* (+*Ucn2*,  $1.9 \times 10^{13}$  gc/kg) administration. BW, body weight; LV, left ventricle; young mice, 3-month-old saline-injected normal mice; aged mice, 2-year-old mice. The p values are from Student's t test (unpaired, two-tailed) with Bonferroni correction. \*p = 0.03; \*\*p = 0.04; \*\*\*p = 0.001.

in both the treatment and prevention strategies, that *Ucn2* gene transfer increased LV diastolic and systolic function, reduced LV dilation, and reduced LV strain.

We found group differences in direct measures of LV contraction and relaxation, using micromanometer catheters in the LV cavity. Such data provide less load-dependent measures of LV function than does EF. LV peak +dP/dt and peak -dP/dt were higher in aged mice that had received *Ucn2* gene transfer 4 months previously, indicating increased LV systolic and diastolic function. Increased heart rate (HR) can contribute to increased +dP/dt, and we saw an increase in heart rate in aged mice that received *Ucn2* gene transfer (versus saline). However, the force-frequency effect would account for a smaller change than the 2-fold increase we found.<sup>18</sup> Additionally, aged mice that received *Ucn2* gene transfer (versus saline) had lower heart rates during echocardiography (light anesthesia) but higher heart rates during deeper anesthesia and mechanical ventilation, which probably reflects variability in response to anesthetic.

In the prevention study, we asked whether *Ucn2* gene transfer performed early in life might prevent age-related abnormalities in LV function. These studies showed that 20 months after *Ucn2* gene transfer (versus saline), age-related LV dysfunction was averted. Indeed, EF, LV strain, EDD, and ESD were similar whether the mice received gene transfer when young or as a treatment when old. Finally, we have shown that a single intravenous delivery of AAV8.*mUcn2* results in sustained high plasma *Ucn2* levels 20 months after delivery.

We recently showed that intravenous delivery of AAV8.*mUcn2* ( $2 \times 10^{13}$  genome copies [gc]/kg) in male mice provided significant expression 8 weeks later only in liver ( $p < 0.0001$ ) and, to a lesser extent, in left ventricle ( $p = 0.018$ ).<sup>19</sup> In the present study, which included females, plasma *Ucn2* levels were lower in females than in males, despite having received the same dose of AAV8.*mUcn2*. We have seen lower plasma *Ucn2* in normal young female versus male mice after AAV8.*mUcn2* injections of the same dose (unpublished data), suggesting a sex difference in *Ucn2* expression or fate. A plau-

**Table 4. Prevention Study, Necropsy**

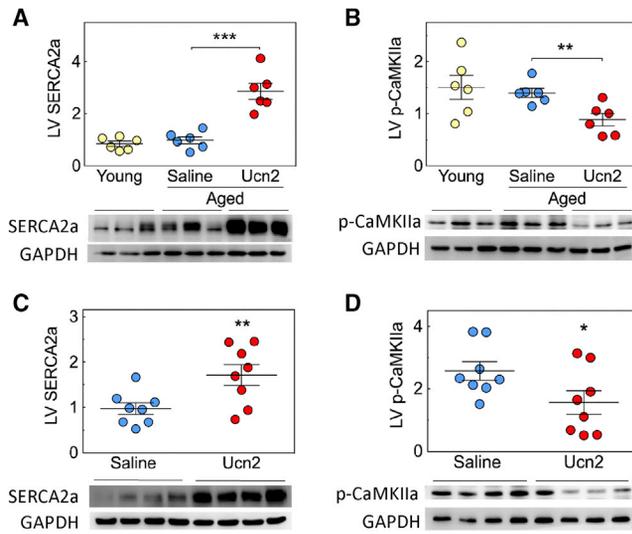
	Saline (n = 21)	<i>Ucn2</i> (n = 15)	p Value
BW (g)	27.8 ± 1	28 ± 1.2	.94
LV (mg)	118 ± 6	115 ± 8	.77
LV/BW (mg/g)	4.3 ± 0.3	4.3 ± 0.4	.9
Lung/BW (mg/g)	6.9 ± 0.4	6.3 ± 0.2	.24
Liver/BW (mg/g)	51.9 ± 2.3	56 ± 3.1	.29

Necropsy data are from 20 months after saline or AAV8.*mUcn2* (*Ucn2*,  $1.9 \times 10^{13}$  gc/kg) administration. BW, body weight; LV, left ventricle. The p values are from Student's t test.

sible explanation for this observation is that androgens can significantly affect hepatocyte gene transfer.<sup>20</sup> In the present study, no sex differences were found in liver *Ucn2* mRNA after *Ucn2* gene transfer.

The beneficial effects on LV strain and LV -dP/dt were somewhat less in females than males, perhaps due to reduced plasma *Ucn2* levels in females. Data analysis included both sexes in the prevention study. Plasma *Ucn2* levels were lower in males that received gene transfer 20 versus 4 months previously, despite having received a similar dose of AAV8.*mUcn2*. Liver *Ucn2* mRNA was somewhat lower 20 months versus 4 months after *Ucn2* gene transfer ( $p = 0.09$ ). A decline in plasma transgene levels was seen also after AAV8-mediated factor IX gene transfer in macaques, which was attributed to reductions in liver expression.<sup>21</sup> Reduced plasma *Ucn2* over time may reflect hepatocyte turnover, which leads to reduction of the vector DNA over time, since only one daughter cell will carry the transgene's DNA.<sup>22,23</sup> Other possibilities, including liver inflammation or necrosis, were excluded by the absence of histological abnormalities of liver (Figure S2). The final plasma *Ucn2* level 20 versus 4 months after delivery is 4-fold basal—which is sufficient to provide beneficial effects on LV strain, LV peak +dP/dt, and LV peak -dP/dt.

We previously reported beneficial effects of *Ucn2* gene transfer on  $Ca^{2+}$  transients in cardiac myocytes isolated from normal young mice and from young mice with HFrEF.<sup>12–14</sup> However,  $Ca^{2+}$  transient measurements are challenging in aged mice because of poor viability of isolated cardiac myocytes and, therefore, were not attempted. Instead, we focused on LV SERCA2a protein expression, a key  $Ca^{2+}$  handling protein, which governs cytosolic  $Ca^{2+}$  handling in sarcoplasmic reticulum. Previous papers suggest that *Ucn2* peptide treatment has beneficial effects on cardiac myocyte  $Ca^{2+}$  handling,<sup>24</sup> which increases  $Ca^{2+}$  concentrations at the myofilaments during contraction, and consequently increases the force of contraction. We found that LV SERCA2a levels were similar in young and aged mice that received saline. However, in the treatment study, *Ucn2* gene transfer was associated, 4 months later, with a 2.9-fold increase in LV SERCA2a. Increased expression of SERCA2a would be expected to increase cytosolic  $Ca^{2+}$  decline, resulting in improved relaxation, and would also contribute to increased systolic function. We previously have shown by telemetry in unsedated untethered mice that mean daily heart rate and basal systolic and diastolic blood



**Figure 4. Levels of LV Proteins after Intravenous Delivery of AAV8.mUcn2 ( $1.9 \times 10^{13}$  gc/kg) or Saline**

(A) LV sarco/endoplasmic reticulum  $\text{Ca}^{2+}$  ATPase 2a (SERCA2a) levels were increased in aged mice that received *Ucn2* gene transfer ( $p = 0.0004$  versus saline). (B) LV p-CaMKIIa was reduced in AAV8.mUcn2-treated aged animals ( $p = 0.01$  versus saline). (C and D) LV SERCA2a levels were increased (C) and LV p-CaMKIIa was reduced (D) 20 months after *Ucn2* gene transfer. Data are normalized to GAPDH. Representative immunoblots for the summary data are shown below the graphs. Individual data are indicated (mean  $\pm$  SE). Young, 3-month-old saline-injected mice; Aged, 2-year-old mice. The  $p$  values are from Student's  $t$  test (unpaired, two-tailed) with Bonferroni correction for multiple comparisons; \* $p < 0.05$ ; \*\* $p < 0.01$ ; \*\*\* $p < 0.001$ .

pressure are unaffected by *Ucn2* gene transfer,<sup>14</sup> underscoring the importance of direct cardiac effects on  $\text{Ca}^{2+}$  handling as the mechanism for the beneficial effects of *Ucn2* gene transfer on LV diastolic function.

There was no difference between young and aged saline-treated animals in the phosphorylation levels of CaMKIIa in LV samples. However, *Ucn2* gene transfer in aged mice was associated with lower LV levels of p-CaMKIIa, an alteration that can benefit cardiac performance.<sup>25</sup> Increased levels of LV p-CaMKIIa are associated with progressive LV dysfunction, by affecting hypertrophic and inflammatory gene expression, and with arrhythmias.<sup>25</sup> In the prevention study, 20 months after *Ucn2* gene transfer, we saw a 1.9-fold increase in LV SERCA2a and reduced p-CaMKIIa levels. Further studies will be required to elucidate the molecular mechanisms underlying increases in LV SERCA2a and reduced p-CaMKII.

In the treatment study, mRNA expression of proteins related to cardiac hypertrophy and stress showed that LV  $\beta_2\text{AR}$  expression was increased in aged mice versus young mice. However, *Ucn2* gene transfer in aged mice was associated with reductions in *AT1aR*, *Bcl-2*, *BNP*, and  $\alpha$ -skeletal actin and increases in *FHL-1* and *Ucn2*. Reductions in *BNP*, *Bcl-2*, and  $\alpha$ -skeletal actin may reflect reduced stress after *Ucn2* gene transfer, due to improved LV function.<sup>26–29</sup> SERCA2a mRNA

was unchanged, despite a 2.9-fold elevation in LV SERCA2a protein after *Ucn2* gene transfer—this implies a change in mRNA stability or reduction in SERCA2a protein turnover after *Ucn2* gene transfer. In the prevention study, LV expression of  $\beta_1$  adrenergic receptor,  $\beta_2\text{AR}$ , and  $\alpha$ -skeletal actin was reduced, indicating reduction of cardiac stress, and expression of *FHL-1* and murine *Ucn2* were increased. We assessed LV fibrosis using Masson's trichrome, as well as Picrosirius red staining. We did not find age-related increases in the LV collagen deposits. A similar absence of increased LV fibrosis has been reported by others.<sup>30–32</sup>

We are not proposing that *Ucn2* gene transfer be used to prevent the future occurrence of age-related LV dysfunction. However, the two strategies (prevention and treatment) had similar results on multiple measures of LV structure and function and of biochemical alterations in the heart, which serves to embolden the conclusion that *Ucn2* gene transfer affects LV function through beneficial effects on LV SERCA2a and CaMKII. In addition, the absence of deleterious effects on LV structure and function or adverse histological effects, despite nearly 20 months of sustained increased concentrations of plasma *Ucn2*, indicates not only that the benefits of *Ucn2* gene transfer are prolonged after a single injection but also that sustained increases in plasma *Ucn2* are safe.

There are two previous reports of gene transfer treatments for animal models of LV diastolic dysfunction. In aged rats, thoracotomy-based delivery of adenovirus encoding parvalbumin, which may benefit myocardial  $\text{Ca}^{2+}$  handling, was reported to have a beneficial effect on LV relaxation in anesthetized animals studied 2 days after gene transfer.<sup>33</sup> No subsequent studies were reported. A more recent study examined streptozotocin-treated diabetic mice with diastolic abnormalities detected by echocardiographic analysis of LV filling. Further abnormalities were attenuated 6–8 weeks later by phosphoinositide 3-kinase gene transfer via intravenous delivery of an AAV6 vector.<sup>34</sup> Our present study shows not only prevention of age-related LV diastolic abnormalities 20 months after delivery but also, as shown in the treatment arm, full restoration of normal LV function. Furthermore, the approach that we used—gene transfer of a peptide with paracrine actions that benefit cardiac function—is a novel approach that does not require high transgene expression levels in the heart and can be delivered by an intravenous injection.

There are inherent shortcomings in translating studies in mice to clinical applications, and our findings must be confirmed in larger animal models of HFpEF. Some will criticize our failure to use standard echocardiographic measures of diastolic function in the present studies. However, we used two assessments of diastolic function that are not hampered by the rapid heart rates in mice: LV peak  $-\text{dP}/\text{dt}$ , the peak rate of LV pressure decay during diastole, and LV strain. These two measures provide sensitive and accurate assessments of LV diastolic function that are superior to the usual echocardiographic measurements.<sup>16</sup> Indeed, LV strain has been recently suggested as a standard for the evaluation of diastolic function in clinical HFpEF.<sup>17</sup> Additional insights from our data include a sex difference

in plasma *Ucn2* levels unexplained by vector dose or liver expression, underscoring the desirability of including both sexes in preclinical and clinical studies, and the slow decline in AAV8-mediated liver expression over time, likely due to normal hepatocyte turnover. Fortunately, we used a dose of vector sufficiently high to enable a >4-fold elevation in plasma *Ucn2* 20 months after delivery.

In conclusion, *Ucn2* gene transfer improves both systolic function and diastolic function in mice with age-related LV dysfunction and prevents development of LV dysfunction when given to young mice. The mechanism for these beneficial effects lies, at least in part, in increased LV SERCA2a expression. These findings are potentially relevant for treatment of clinical age-related LV dysfunction. The therapy may be particularly effective for clinical HFpEF, a disease that, to date, has few effective therapies.

## MATERIALS AND METHODS

### AAV8.*mUcn2* Vector

HEK293T cells were transfected with the pRep2/Cap8 and pAd-Helper plasmids,<sup>14</sup> for the production of an AAV8 vector encoding murine *Ucn2* driven by a chicken  $\beta$ -actin (CBA) promoter (AAV8.CBA.*mUcn2*; Figure 1A). Plasmid pRep2/Cap8 was obtained from the University of Pennsylvania Vector Core. Virus vectors were then purified and concentrated as previously described.<sup>13,35</sup> Real-time PCR with virus genome DNA prepared from purified virus was used to quantify virus titers.

### Animal Use

The Animal Use and Care Committee of the Veterans Affairs San Diego Healthcare System approved the studies. In this study, to answer our first hypothesis, we used 10 male mice (C57BL/6J; Jackson Laboratories, Bar Harbor, ME, USA) 10.7  $\pm$  0.6 weeks old (treatment group, young), weighing 27.8  $\pm$  0.5 g, and 23 male mice (C57BL/6J) 102 weeks old (treatment group, aged), weighing 33.4  $\pm$  0.5 g (Figure 1Bi). To address our second hypothesis, we used 29 male mice (C57BL/6J) 11.9  $\pm$  0.4 weeks old, weighing 26.4  $\pm$  0.5 g, and 19 female mice (C57BL/6J) 10.2  $\pm$  0.1 weeks old (prevention group), weighing 18.5  $\pm$  0.2 g (Figure 1Bii). From those 48 mice in the prevention group, 5 that received saline and 6 that received AAV8.*mUcn2* died before the terminal study. All of the mice were provided (*ad libitum*) a cereal-based diet (Harlan Teklad Laboratory, Madison, WI, USA) and tap water. Mice were housed (20°C–21°C) with lights off from 6 p.m. to 6 a.m. daily.

### *Ucn2* Gene Transfer

Under anesthesia (1.5% isoflurane via nose cone), the jugular vein was exposed. AAV8.*mUcn2* (1.9  $\times$  10<sup>13</sup> gc/kg in 100  $\mu$ L) or a similar volume of saline was delivered using a syringe with a 31G needle.

### Echocardiography

Echocardiography was performed as previously described,<sup>12</sup> using a Vevo 3100 ultrasound system with an MX550s transducer and VevoLab v3.1 analysis software (VisualSonics, Toronto, ON, Canada), to document LV function and to record LV chamber dimen-

sions. LV strain was calculated by VevoLab v3.1 analysis software, from planimeted LV wall changes during diastole and systole on a long-axis view.

### LV Function

Using a 1.4-F micromanometer catheter (SPR 839, Millar Instruments, Houston, TX, USA), the LV pressure signal was recorded, stored digitally, and then processed (IOX v2.9.5, Emka Technologies, Christchurch, VA, USA) as previously reported.<sup>36</sup> The first derivatives of LV pressure development (LV +dP/dt) and decline (LV –dP/dt) were used to define LV systolic function and diastolic function, respectively.

### Plasma *Ucn2*

In the terminal study under anesthesia, the carotid artery was bled, and blood was collected (with EDTA) and centrifuged (1,600  $\times$  g, 15 min). Plasma was collected and stored at –80°C. Plasma *Ucn2* levels were measured using a mouse urocortin 2 enzyme immunoassay (EIA) kit (Kamiya Biomedical, Seattle, WA, USA).

### RT-PCR, PCR, and Immunoblotting

LV and liver samples were collected and stored at –80°C. Total RNA was isolated and reverse transcribed into cDNA that was used in qPCR as previously described.<sup>12</sup> Additionally, *Ucn2* gene mRNA was reverse transcribed into cDNA that was amplified and quantified (copies per microgram of cDNA) using an ABI TaqMan 7700 System (Applied Biosystems, Foster City, CA, USA) according to the manufacturer's instructions. All gene-specific primers used in PCR are listed in Table S1. Immunoblotting was performed as described previously.<sup>12</sup> The following antibodies were used: phospho-CaMKII (Santa Cruz Biotechnology, Santa Cruz, CA, USA) and SERCA2a (Enzo Life Sciences, Farmingdale, NY, USA).

### Necropsy and Histology

Body, liver, lung, and LV weight (including interventricular septum) were recorded. Samples of liver and transmural LV were formalin fixed and paraffin embedded. Five-micron sections were mounted and counterstained with H&E and with Masson's trichrome. Slides were then scanned using an Axio Scan.Z1 slide scanner (Zeiss, Oberkochen, Germany) and analyzed with ImageJ v1.49 software (Bethesda, MD, USA).

### Statistical Analysis

Data acquisition and analysis were done without knowledge of group identity. Group sizes were determined by power calculations. We used only male mice, because aged female mice were not available from the vendor. The hypothesis was that *Ucn2* gene transfer would effectively treat LV diastolic dysfunction in aged mice. First, young versus aged mice that received intravenous saline were compared to establish that LV diastolic dysfunction was present in aged mice. Subsequently, aged mice that received *Ucn2* gene transfer versus saline were compared to determine whether *Ucn2* gene transfer in aged mice was associated with increased LV diastolic function. To test for group differences, Student's t test (unpaired, two-tailed) was

used. Bonferroni correction was used for multiple testing. Analyses were performed using GraphPad Prism v6.07 (GraphPad Software, San Diego, CA, USA). The null hypothesis was rejected when  $p < 0.05$ .

## SUPPLEMENTAL INFORMATION

Supplemental Information can be found online at <https://doi.org/10.1016/j.ymthe.2019.10.003>.

## AUTHOR CONTRIBUTIONS

Conceptualization, D.G., M.H.G., N.C.L., and H.K.H.; Experiments, D.G., M.H.G., and N.C.L.; Data Analysis, D.G., M.H.G., N.C.L., T.G., and H.K.H.; Writing, D.G., M.H.G., N.C.L., W.M.B., E.A.L.B., and H.K.H.

## CONFLICTS OF INTEREST

H.K.H. is a founder, board member, and unpaid consultant for Renova Therapeutics. Renova played no role in the studies. The remaining authors declare no competing interests.

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