

# Twinning, a promising dynamic process to strengthen the agency of midwives

## Citation for published version (APA):

Cadee, F. (2020). *Twinning, a promising dynamic process to strengthen the agency of midwives*. Maastricht University. <https://doi.org/10.26481/dis.20201009fc>

## Document status and date:

Published: 01/01/2020

## DOI:

[10.26481/dis.20201009fc](https://doi.org/10.26481/dis.20201009fc)

## Document Version:

Publisher's PDF, also known as Version of record

## Please check the document version of this publication:

- A submitted manuscript is the version of the article upon submission and before peer-review. There can be important differences between the submitted version and the official published version of record. People interested in the research are advised to contact the author for the final version of the publication, or visit the DOI to the publisher's website.
- The final author version and the galley proof are versions of the publication after peer review.
- The final published version features the final layout of the paper including the volume, issue and page numbers.

[Link to publication](#)

## General rights

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain
- You may freely distribute the URL identifying the publication in the public portal.

If the publication is distributed under the terms of Article 25fa of the Dutch Copyright Act, indicated by the "Taverne" license above, please follow below link for the End User Agreement:

[www.umlib.nl/taverne-license](http://www.umlib.nl/taverne-license)

## Take down policy

If you believe that this document breaches copyright please contact us at:

[repository@maastrichtuniversity.nl](mailto:repository@maastrichtuniversity.nl)

providing details and we will investigate your claim.

# Twinning, a promising dynamic process to strengthen the agency of midwives

By Franka Cadée

1. Implementing twinning between associations of midwives globally can enhance the agency midwives urgently need to play a key role in improving sexual and reproductive healthcare. *(this thesis)*
2. A clear definition of what twinning is, and what it is not, will help twinning collaborations keep a unified focus on joint goals and uphold the shared values of reciprocity and equity. *(this thesis)*
3. Incorporating one-to-one twin pairing in twinning collaborations contributes to their success. *(this thesis)*
4. Cultural differences can both hinder and facilitate the professional growth of twins. The art of twinning is to keep searching for a balance between too little and too much (cultural) friction. *(this thesis)*
5. There is no 'one size fits all' approach to successful twinning. The chances of success are greater when we are open to non-linear processes and allow space for a change of direction when needed. *(this thesis)*
6. Midwifery is not a collection of activities that can be divided amongst different maternity healthcare workers. Midwifery is a fundamental model of continuity of care that is practised by midwives.
7. The focus on maternal and neonatal mortality rate indicators has put too much value on women and babies staying alive, rather than valuing their human right to a good life.
8. The position of midwives in a society reflects the sexual and reproductive health and rights of women in that same society: strong support for midwives results in better health and the protection of the human rights of women and children.
9. Self-preservation is best achieved by learning when to say yes, instead of learning when to say no.
10. If you have found something you have probably not looked properly. *(Freely translated from Rutger Kopland)*
11. When you really want something, you have to be prepared to work really hard, take advantage of opportunity, and above all never give up. *(Jane Goodall)*