

Different Explanation, less frustration?

Citation for published version (APA):

Jie, J. L-J. (2020). *Different Explanation, less frustration? making explicit whether implicit motor learning strategies are feasible and effective in neurological rehabilitation*. Ridderprint BV.
<https://doi.org/10.26481/dis.20200409jj>

Document status and date:

Published: 01/01/2020

DOI:

[10.26481/dis.20200409jj](https://doi.org/10.26481/dis.20200409jj)

Document Version:

Publisher's PDF, also known as Version of record

Please check the document version of this publication:

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Different explanation, less frustration?

Making explicit whether implicit motor learning strategies are feasible and effective in neurological rehabilitation.

Li-Juan Jie

Maastricht, 3 juli 2020

1. Een analogie is als een algoritme: de formule is simpel en het onderliggende werkingsmechanisme complex.
2. Een analogie is succesvol indien deze zowel betekenisvol is voor de cliënt als direct leidt tot de gewenste verandering in beweging. (*dit proefschrift*)
3. De voorkeuren en karakteristieken van de patiënt moeten het uitgangspunt zijn voor het impliciet en expliciet motorisch leerproces. (*dit proefschrift*)
4. De toepassing van impliciet motorisch leren vraagt om een paradigmashift bij de zorgprofessionals in de neuro-revalidatie.
5. Er is interferentie van expliciete (declaratieve) kennis op het proces van impliciet leren binnen de neuro-revalidatie. (*dit proefschrift*)
6. Een goed doordacht impliciet onderzoeksprotocol kan in de praktijk toch expliciet uitpakken.
7. Onderzoek in een laboratoriumsetting levert de bouwstenen voor onderzoek in de praktijk en vice versa.
8. De afwezigheid van afstemming tussen informele en formele zorgverleners kan het werkingsmechanisme van impliciet motorisch leren sterk ondermijnen.
9. You must be the change you wish to see in the world. (*Mahatma Gandhi*)