

# Duchenne muscular dystrophy

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# Duchenne muscular dystrophy: The NIMHANS experience

## Propositions

1. Knowledge on natural history and disease progression of Duchenne muscular dystrophy for a given population is essential for evaluation of disease modifying drugs (Chapter 3).
2. Because neuropsychiatric manifestations are an integral component of Duchenne muscular dystrophy, they should be identified early in order to provide timely and appropriate interventions (Chapter 6).
3. Magnetic resonance muscle imaging could serve as biomarker for Duchenne muscular dystrophy because it shows a stereotyped pattern of muscle involvement in this disease (Chapter 7).
4. Advanced genetic testing is indispensable to confirm the diagnosis of a clinically and biochemically suspected case of Duchenne muscular dystrophy (Chapter 8).
5. Knowledge gained on Duchenne muscular dystrophy should be translated to the larger society through governmental agencies, philanthropists and non-governmental organisations (Valorisation).
6. Every patient with suspected inherited disorder should have access to genetic testing and diagnosis.
7. A honest, kind and selfless doctor is an asset to mankind.
8. Stick to lifelong learning and you'll extend the beautiful time of your college years.
9. Healthy food should be our daily medicine, otherwise medicines may become our daily bread.
10. The sky and not high age should be strived for in life.

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