

Beyond love

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Propositions

1. At last! Human behaviour is uniformly universal; what predicts Western peoples' intentions to (not) perform health behaviours, also predicts African's behaviour (This thesis).
2. Adolescents in Ghana, like their peers across Sub-Saharan Africa, are in high need of comprehensive sexuality education. Programs that have proven to be effective exist, but are not yet reaching all adolescents in need (This thesis).
3. Access to comprehensive sexuality education (CSE) that includes condom use demonstration can make a world of difference between girls with pregnancy experience and those without pregnancy experience (This thesis).
4. Parents have a responsibility to not only ensure open and positive communication about sexuality-related topics at home but also to advocate for CSE in schools (This thesis).
5. The best advice for girls is to follow the "Double Dutch" approach: use condoms in addition to other family planning methods (This thesis).
6. Science is the great antidote to the poison of enthusiasm and superstition (Smith).
7. Adolescence is a critical period of transition that requires the capacity for making positive decisions and life choices. The State should not use the "best interest of adolescents" as a franchise for denying their legitimate participation and own agency in practice.
8. To address teenage pregnancies across sub-Saharan Africa, we must ensure that girl's economic empowerment and gender equality stand at the heart of all of our work.
9. Nothing has such power to broaden the mind as the ability to investigate systematically and truly all that comes under one's observation in life (Marcus).
10. Sometimes you should let your brain win because your heart is not always right.
11. If you are working on something exciting that you really care about, you do not have to be pushed. The vision pulls you (Jobs).