

The PROMise of remote monitoring to improve quality of care for inflammatory bowel disease

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The PROMise of remote monitoring to improve quality of care for inflammatory bowel disease

1. Telemedicine tools provide a proven valuable alternative to standard IBD care.
This thesis
2. A combination score comprising symptoms and faecal calprotectin is accurate and useful for remote monitoring between regular outpatient visits.
This thesis
3. Due to their artificial setting, randomised controlled trials only have a limited predictive value for the effectiveness of new interventions in daily practice.
This thesis
4. Continuous collection of data on patient characteristics, disease outcomes, patient-reported outcomes and biomarkers aid towards better patient stratification and personalised care pathways and interventions.
This thesis
5. The expected rise in IBD prevalence in combination with high costs of IBD healthcare requires cost-effective measures in IBD management.
Van der Valk, Gut 2014
6. There are many different definitions of value in healthcare, depending on the stakeholder. Achieving high value for patients must become the overarching goal as all actors can benefit and the economic sustainability of the healthcare system increases.
Porter, New England Journal of Medicine 2010
7. We have been wrong about what our job is in medicine. We think our job is to ensure health and survival. But really it is larger than that. It is to enable well-being. And well-being is about the reasons one wishes to be alive.
Atul Gawande. Being Mortal: Medicine and What Matters in the End, 2017
8. Accept change.
Track changes feature in Microsoft Word: Document & Word Processing Software.
9. Gutta cavat lapidem, non vi sed saepe cadendo.
Ovidius
10. La vida es un carnaval.
Celia Cruz