

Cost-effectiveness of psychotherapy for Borderline Personality Disorder

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COST-EFFECTIVENESS OF PSYCHOTHERAPY FOR BORDERLINE PERSONALITY DISORDER:

Advances in Assessment and Analysis

Pim Wetzelaer

STELLINGEN

Although there is much uncertainty to be resolved, the empirical evidence for the cost-effectiveness of specialized psychotherapy for borderline personality disorder (BPD) is promising.

This thesis

Economic evaluation of specialized psychotherapy for BPD should be performed using the guideline, in order to improve the usability in reimbursement decisions and policy making.

This thesis

The use of multilevel models presents a solution to the problem of analysing longitudinal cost data that includes cases with missing values.

This thesis

Bayesian statistics can be used to produce probabilistic statements about which intervention is the most cost-effective. Null-hypothesis tests, the method of inference used in classical statistics, cannot.

This thesis

It would be superstitious to believe that an exact assessment of the total societal costs in (mental) health care is a realistic endeavour.

Patients with BPD are among those to draw the short straw in a health care system that is focused more on the costs of specific interventions than on their cost-effectiveness.

Interventions that have intersectoral costs and benefits need intersectoral policy making.

All models are wrong, but some are useful.

George Box

The most erroneous stories are those we think we know best, and therefore never scrutinize or question.

Stephen Jay Gould

*Nothing in life is to be feared, it is only to be understood.
Now is the time to understand more, so that we may fear less.*

Marie Curie