

Exploring psychosis and multidirectional violence

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Exploring psychosis and multidirectional violence:
A prospective study in the general population

Steven Honings

1. Individuals with psychotic experiences are at increased risk of self-injurious behaviour, including both suicidal and non-suicidal self-injury (this thesis).
2. The frequently reported association between psychotic experiences and suicidal behaviour is nonspecific, but reflects the increased risk of this behaviour in individuals in mental distress in the context of non-psychotic psychopathology (this thesis).
3. Psychotic experiences are a risk marker of an increased risk of suicide attempts in individuals with non-psychotic mental disorders (this thesis).
4. Hallucinations are associated with an increased risk of physical violence perpetration, while delusions are associated with an increased risk of arrest (this thesis).
5. Experiencing violence victimisation, either during childhood or during adulthood, increases the risk of psychotic experiences (this thesis)
6. Individuals with psychotic experiences are at increased risk of violence victimisation (this thesis).
7. Assessment of psychotic symptoms should be standard in every mental state examination, given that psychotic symptoms are an indicator of severity of mental distress in non-psychotic mental disorders and are associated with an increased risk of violence perpetration and victimisation (valorisation).
8. Psychiatric classification systems, such as the Diagnostic and Statistical Manual of Mental Disorders (DSM), are stigmatizing and should be replaced by personalized diagnosis based on psychopathology as a dynamic, multidimensional network of symptoms arising in the specific context of the person.
9. A good therapeutic alliance between psychiatrist and client is a *conditio sine qua non* for any intervention.
10. Philosophy should be an integral part of psychiatric residency training.
11. "But I don't want to go among mad people," Alice remarked. "Oh, you can't help that," said the Cat: "We're all mad here. I'm mad. You're mad." (Cheshire Cat in Alice in Wonderland, by Lewis Carroll).