

Finding the way forward

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Propositions

1. PDE4 inhibition with roflumilast enhances verbal episodic memory function in PSCI patients. (*this dissertation*)
2. Roflumilast is both safe and well-tolerated when taken at a dose of 100 µg once daily. (*this dissertation*)
3. Prolonged use of daily digital assessments may mask cognitive improvements due to patient demotivation. (*this dissertation*)
4. With the use of a sensory-rich VR environment, subjective memory problems can be objectified. (*this dissertation*)
5. A well-designed phase 3 trial is necessary to show the effects of roflumilast on everyday functioning of PSCI patients.
6. “The most fruitful basis of the discovery of a new drug is to start with an old drug.” – *Sir James Black*
7. In rehabilitation, one small step for a patient can be a giant leap for their road to recovery.
8. Participants are individuals with unique life experiences, families, passions, and personal narratives, not just statistics or data points.
9. “We, as humans, have a sense of our memory as something that provides us with continuity, a sense of self over time, but this can be shattered by disease.” – *adapted from Oliver Sacks*
10. “People don’t always want to be fixed. Sometimes they just want to be seen.” – *Fredrik Backman*
11. “Geneet van ‘t laeve zolang este kins, maak sjpas en plezeer, de laefs toch mèr ins. Want sjtraks, es ‘t te laat is, hubste sjpiet dervan.” – *Sjef Diederer*