

# Modifiable risk factors of Non-Communicable Diseases

Citation for published version (APA):

Alzalabani, A. H. (2024). *Modifiable risk factors of Non-Communicable Diseases: Epidemiological Approaches and Methodological Considerations*. [Doctoral Thesis, Maastricht University]. Maastricht University. <https://doi.org/10.26481/dis.20241219aa>

## Document status and date:

Published: 01/01/2024

## DOI:

[10.26481/dis.20241219aa](https://doi.org/10.26481/dis.20241219aa)

## Document Version:

Publisher's PDF, also known as Version of record

## Please check the document version of this publication:

- A submitted manuscript is the version of the article upon submission and before peer-review. There can be important differences between the submitted version and the official published version of record. People interested in the research are advised to contact the author for the final version of the publication, or visit the DOI to the publisher's website.
- The final author version and the galley proof are versions of the publication after peer review.
- The final published version features the final layout of the paper including the volume, issue and page numbers.

[Link to publication](#)

## General rights

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain
- You may freely distribute the URL identifying the publication in the public portal.

If the publication is distributed under the terms of Article 25fa of the Dutch Copyright Act, indicated by the "Taverne" license above, please follow below link for the End User Agreement:

[www.umlib.nl/taverne-license](http://www.umlib.nl/taverne-license)

## Take down policy

If you believe that this document breaches copyright please contact us at:

[repository@maastrichtuniversity.nl](mailto:repository@maastrichtuniversity.nl)

providing details and we will investigate your claim.

## Propositions

- Modifying lifestyle and occupational risks can greatly reduce bladder & prostate cancers. (this thesis)
- Soft drinks are a real threat to your health! (this thesis)
- Sip some tea to help reduce your risk of bladder cancer, especially if you're male! (this thesis)
- Epidemiological teamwork makes the dream work in uncovering diet-cancer links! (this thesis)
- Establishing standards is key to avoid a "methodological" mess in nutritional meta-reviews.
- Pooling powers activate! Combining individual data strengthens nutrition-cancer investigations.
- Machine learning meets nutrition: a match made in complexity-busting dreamland!
- The future is now: advanced analytics and big data are the new allies against cancer.