

Leadership and followership within healthcare teams

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Propositions

1. Effective followership is as crucial as leadership in ensuring optimal healthcare outcomes.
2. Healthcare teams should be dynamic, allowing for seamless transitions between leadership and followership.
3. Communication breakdowns among team members can erode team trust.
4. Mutual respect among all members of the team is essential for effective teams.
5. Interprofessional healthcare education should also emphasize the development of active followership skills.
6. Shared patient care ownership enhances the quality and efficiency of healthcare delivery.
7. Hierarchy can act as both a barrier and a facilitator within teams.
8. We need a solid understanding of concepts' historical development to move forward.
9. "Leadership is not a position or a title. It is an action and example." Donald McGannon
10. "Setting an example is not the main means of influencing others; it is the only means."
Albert Einstein