

The transition from home to a nursing home

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Propositions

belonging to the thesis

THE TRANSITION FROM HOME TO A NURSING HOME:

The perspectives and experiences of older people with dementia, informal caregivers and professional caregivers

1. Older people with dementia are often excluded from transitional care decisions. *(This dissertation)*
2. Optimal transitional care can only be realized through a collaborative partnership between older people, their informal caregivers, and professional caregivers. *(This dissertation)*
3. Older persons with dementia, their informal caregivers, and professional caregivers experience an overall lack of predictability and control throughout the transition process. *(This dissertation)*
4. The transition from home to a nursing home is riddled with conflict, and is more complex than merely packing a suitcase and moving from one place to another. *(This dissertation)*
5. A positive perception of 'home' contributes to an enhanced mental and physical health, as well as improved wellbeing of the older people.
6. Everyone wishes for a timely transition plan, but all fail to plan ahead.
7. Prospective research offers unique perspectives and insights that enrich data from retrospective research.
8. "Tell me and I forget, teach me and I may remember, involve me and I learn." – *Benjamin Franklin*
9. "Tortoises can tell you more about the road than hares." – *Kahlil Gibran*

Lindsay Groenvynck

June 3, 2024

Stellingen

behorend bij het proefschrift

THE TRANSITION FROM HOME TO A NURSING HOME:

The perspectives and experiences of older people with dementia, informal caregivers and professional caregivers

1. Ouderen met dementie worden vaak uitgesloten van beslissingen over de verhuizing naar het verpleeghuis. *(Deze dissertatie)*
2. Een optimaal verhuisingsproces kan enkel worden gerealiseerd via een goede samenwerking tussen ouderen, hun mantelzorgers, en de professionele zorgverleners. *(Deze dissertatie)*
3. Ouderen met dementie, mantelzorgers en zorgprofessionals ervaren een gebrek aan voorspelbaarheid en controle gedurende het verhuisproces. *(Deze dissertatie)*
4. De overgang van thuis naar een verpleeghuis is complex. Het is meer dan alleen het pakken van de koffers en verhuizen van de ene naar de andere plaats. *(Deze dissertatie)*
5. Een positieve perceptie van 'thuis' draagt bij aan een betere mentale en fysieke gezondheid en een hoger algemeen welbevinden bij ouderen.
6. Iedereen wil een tijdig transitieplan, maar niemand slaagt erin vooruit te denken.
7. Prospectief onderzoek geeft unieke perspectieven en inzichten die de gegevens uit retrospectief onderzoek verrijken.
8. "Tell me and I forget, teach me and I may remember, involve me and I learn." – *Benjamin Franklin*
9. "Tortoises can tell you more about the road than hares." – *Kahlil Gibran*