

Minimally invasive techniques in foregut surgery : natural orifice surgery for gastroesophageal reflux disease, esophageal high-grade dysplasia and superficial adenocarcinoma

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Stellingen

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Minimally Invasive Techniques in Foregut Surgery

Natural Orifice Surgery for Gastroesophageal Reflux Disease, Esophageal High-Grade Dysplasia and Superficial Adenocarcinoma

1. First generation transoral incisionless fundoplication (TIF1-procedure) improves the quality of life and reduces the need for PPIs in only in a subgroup of patients, while many require additional medication or revisional surgery. *(dit proefschrift)*
2. Second generation transoral incisionless fundoplication (TIF2-procedure) results in a similar decrease in distal esophageal acid exposure compared to PPI-therapy at 6 months follow-up, which supports the validity of the concept of TIF2. *(dit proefschrift)*
3. Revisional laparoscopic Nissen fundoplication is feasible and safe following unsuccessful endoscopic fundoplication resulting in objective reflux control at the cost of a relatively high rate of dysphagia. *(dit proefschrift)*
4. Transoral endoscopic esophagectomy facilitates a single step definitive treatment and/or staging tool for early neoplastic esophageal lesions, with organ preservation. *(dit proefschrift)*
5. In the morbidly obese, laparoscopic Roux-en-Y gastric bypass surgery is the preferred GERD treatment, with the additional advantages of weight loss and reduction of obesity-associated co-morbidities. *(SAGES, 2012)*
6. Minimally invasive esophagectomy for cancer results in a lower incidence of pulmonary infections, a shorter hospital stay and a better short-term quality of life without compromising the quality of the resected specimen. *(Miguel A. Cuesta, 2013)*
7. Minimally invasive surgery: "Less is more". *(Robert Browning, 1812-1889)*
8. If we knew what we were doing, it wouldn't be called research, would it? *(Albert Einstein, 1879-1955)*
9. Discoveries are often made by not following instructions, by going off the main road and by trying the untried. *(Frank Tyger, 1929-2011)*
10. You don't always have to hold your head, higher than your heart. *(Jack Johnson, 2008)*