

Toward partnership in care for patients with COPD

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Propositions

Belonging to the PhD dissertation

***Toward partnership in care for patients with COPD:
focus on coping and education***

Ana Stoilkova-Hartmann

Maastricht, 27 September 2017

1. In patients with chronic obstructive pulmonary disease entering pulmonary rehabilitation, coping styles are associated with symptoms of anxiety, depression and exercise intolerance. *[This dissertation]*
2. Comprehensive pulmonary rehabilitation results in an increase in the level of active confronting coping style of patients with chronic obstructive pulmonary disease. *[This dissertation]*
3. The majority of educational interventions for chronic obstructive pulmonary disease are not individually tailored. *[This dissertation]*
4. Professionals in pulmonary rehabilitation are supportive of a patients' active role in the process of self-management of chronic obstructive pulmonary disease. *[This dissertation]*
5. Medicine is undergoing a revolution that will transform the traditional, prescriptive and reactive practice of healthcare into a proactive discipline. *[Hood & Friend, Nat Rev Clin Oncol 2011]*
6. Practice guidelines advocate partnership in care between patients with chronic obstructive pulmonary disease and their healthcare professionals. *[Spruit et al., Am J Respir Crit Care Med 2013; GOLD 2013; NICE 2010]*
7. Self-management education interventions are largely based on the principles of patient's cognitions and behavioural change with the aim to stimulate the patient's active participation in disease management. *[Bourbeau, Semin Respir Crit Care Med 2009]*
8. Adequate coping styles are important for self-management of COPD. *[Monninkhof et al., Patient Educ Couns 2004; McCathie et al., Eur Respir J 2002]*
9. Adaptability is about the powerful difference between adapting to cope and adapting to win. *[Max McKeown]*
10. Between stimulus and response there is a space. In that space is our power to choose our response. In our response lies our growth and our freedom. *[Viktor Emil Frankl]*