

# Prevention of obesity in childhood

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## Prevention of obesity in childhood

1. Prevention of obesity in childhood by monitoring growth of children is an important cost effective intervention for one of the biggest health care problems and medical costs in the future.
2. A prediction model, based on a formula for the expected growth of an individual child, is a step forward in the prevention of obesity in childhood (this thesis).
3. The secular trend in weight and height, as seen in postnatal growth of children, cannot be seen in intrauterine growth (this thesis).
4. The measurement of total body water can predict the effect of growth hormone therapy (this thesis).
5. Growth hormone therapy may be useful in the prevention of obesity in children at risk (this thesis).
6. The Youth Health Care Practice is unique in the Netherlands and should also be introduced in other countries to monitor the health of children.
7. Education is still underestimated as a determining factor for lifestyle and the corresponding health conditions of children.
8. As well in dermatological problems as in obesity, the increasing inconvenience of the disease is, next to the medical consequences, especially caused by the psychosocial effects.
9. I think everybody should like everybody (Andy Warhol).
10. I don't know who invented high heels, but all women owe him a lot (Marilyn Monroe).
11. It always seems impossible, until it's done (Nelson Mandela).

**Manon Alice Bertine Ernst**

15 april 2015