

# Intermittent claudication : results of exercise therapy and endovascular interventions in perspective

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# STELLINGEN BEHORENDE BIJ HET PROEFSCHRIFT

# INTERMITTENT CLAUDICATION

*Results of exercise therapy and  
endovascular interventions in perspective*

**Lotte M. Kruidenier**

Maastricht, 29 januari 2010

## STELLINGEN

1. Gesuperviseerde looptherapie is de wetenschappelijk best onderbouwde behandeling voor claudicatio intermittens en zou de standaardbehandeling voor iedere claudicant moeten zijn.  
*Dit proefschrift*
2. De effectiviteit van een percutane vasculaire interventie voor claudicatio intermittens wordt verbeterd door aansluitend gesuperviseerde looptraining aan te bieden.  
*Dit proefschrift*
3. Op grond van klinische variabelen is de uitkomst van gesuperviseerde looptraining voor individuele patiënten met claudicatio intermittens niet nauwkeurig te voorspellen.  
*Dit proefschrift*
4. Jongere patiënten met geïsoleerd iliacaal vaatlijden en een langere loopafstand op baseline profiteren het meest van een percutane vasculaire interventie als men kijkt naar loopafstand.  
*Dit proefschrift*
5. General practitioners underestimate the cardiovascular death risk and overestimate amputation risk in patients with peripheral arterial disease.  
*J. Blacher et al., The ATTEST study, Journal of Vascular Surgery 2006*
6. Patients with peripheral arterial disease as their primary atherothrombotic disease do not achieve vascular risk factor control as frequently as individuals with coronary artery disease or cerebrovascular disease, despite a comparable cardiovascular risk.  
*P. Cacoub et al., REACH Registry Investigators, Atherosclerosis 2009*
7. Additional mental training is more effective than additional practical training in a laparoscopic course in performing a cholecystectomy for surgeons with limited experience.  
*M. Immenroth et al., Annals of Surgery 2007*
8. For detecting urgent conditions in patients with abdominal pain using ultrasonography first and CT only in those with negative or inconclusive ultrasonography results in the best sensitivity and lowers exposure to radiation.  
*W. Laméris et al., OPTIMA study group, British Medical Journal 2009*
9. Het gevaar van terugblikken is dat je zomaar achterover in de toekomst kan lazeren.  
*Loesje, december 2008*
10. Aan het einde van je subsidie houdt je vaak nog een stuk onderzoek over.
11. Looptherapie voor patiënten met claudicatio intermittens is als een verlenging na 90 minuten voetballen: topsport.