

Healthcare workers' behaviours and personal determinants affecting sexual and reproductive healthcare service provision to adolescents in South Africa

Citation for published version (APA):

Jonas, N. K. (2017). Healthcare workers' behaviours and personal determinants affecting sexual and reproductive healthcare service provision to adolescents in South Africa. [Doctoral Thesis, Maastricht University]. Maastricht University. <https://doi.org/10.26481/dis.20170928nkj>

Document status and date:

Published: 01/01/2017

DOI:

[10.26481/dis.20170928nkj](https://doi.org/10.26481/dis.20170928nkj)

Document Version:

Publisher's PDF, also known as Version of record

Please check the document version of this publication:

- A submitted manuscript is the version of the article upon submission and before peer-review. There can be important differences between the submitted version and the official published version of record. People interested in the research are advised to contact the author for the final version of the publication, or visit the DOI to the publisher's website.
- The final author version and the galley proof are versions of the publication after peer review.
- The final published version features the final layout of the paper including the volume, issue and page numbers.

[Link to publication](#)

General rights

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain
- You may freely distribute the URL identifying the publication in the public portal.

If the publication is distributed under the terms of Article 25fa of the Dutch Copyright Act, indicated by the "Taverne" license above, please follow below link for the End User Agreement:

www.umlib.nl/taverne-license

Take down policy

If you believe that this document breaches copyright please contact us at:

repository@maastrichtuniversity.nl

providing details and we will investigate your claim.

Download date: 13 Feb. 2025

Propositions

Healthcare Workers' Behaviours and Personal Determinants Affecting Sexual and Reproductive Healthcare Service Provision to Adolescents in South Africa

- 1) Negative behaviours and attitudes of healthcare workers in sexual and reproductive healthcare (SRH) services hinder adequate provision of SRH services to adolescents and must be addressed.
(this thesis)
- 2) A multi-level approach intervention is needed to address the negative behaviours and attitudes of healthcare workers, as well as the societal norms regarding adolescent sexuality and contraceptive norms.
(this thesis)
- 3) Provision of regular and continuous SRH trainings and refresher courses to improve the nurses' skills in SRH services can improve the quality of care and services.
(this thesis)
- 4) Denying adolescents abortion services by some healthcare workers violates their rights to SRH services and undermines the global efforts towards improving adolescents' access to and utilization of SRH services.
(this thesis)
- 5) Adolescent SRH services should be accessible, acceptable, equitable, appropriate, effective and provided by knowledgeable and skilled healthcare providers.
(the World Health Organization)
- 6) "...By investing in the right policies and programmes for adolescents to realize their potential and their human rights to health, education and full participation in society, we can unleash the vast human potential of this "sustainable development goal (SDG) Generation" to transform our world."
(the Global Strategy for Women's, Children's and Adolescent's health, 2016-2030)
- 7) To change behaviour, you have to change the beliefs; to change beliefs, you have to elicit the beliefs to be changed, the beliefs to be reinforced, and the beliefs to be introduced.
The Reasoned Action Approach: Fishbein & Ajzen
- 8) There is need to maximize efforts to substantially scale up training and recruitment of skilled healthcare workers, especially healthcare workers providing SRH services to adolescents in SA.
(this thesis)
- 9) There is nothing more critical than investing in adolescent health and wellbeing today, including their sexual and reproductive health. The Lancet: George Patton