

Healthcare workers' behaviours and personal determinants affecting sexual and reproductive healthcare service provision to adolescents in South Africa

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Propositions

Healthcare Workers' Behaviours and Personal Determinants Affecting Sexual and Reproductive Healthcare Service Provision to Adolescents in South Africa

- 1) Negative behaviours and attitudes of healthcare workers in sexual and reproductive healthcare (SRH) services hinder adequate provision of SRH services to adolescents and must be addressed.
(this thesis)
- 2) A multi-level approach intervention is needed to address the negative behaviours and attitudes of healthcare workers, as well as the societal norms regarding adolescent sexuality and contraceptive norms.
(this thesis)
- 3) Provision of regular and continuous SRH trainings and refresher courses to improve the nurses' skills in SRH services can improve the quality of care and services.
(this thesis)
- 4) Denying adolescents abortion services by some healthcare workers violates their rights to SRH services and undermines the global efforts towards improving adolescents' access to and utilization of SRH services.
(this thesis)
- 5) Adolescent SRH services should be accessible, acceptable, equitable, appropriate, effective and provided by knowledgeable and skilled healthcare providers.
(the World Health Organization)
- 6) "...By investing in the right policies and programmes for adolescents to realize their potential and their human rights to health, education and full participation in society, we can unleash the vast human potential of this "sustainable development goal (SDG) Generation" to transform our world."
(the Global Strategy for Women's, Children's and Adolescent's health, 2016-2030)
- 7) To change behaviour, you have to change the beliefs; to change beliefs, you have to elicit the beliefs to be changed, the beliefs to be reinforced, and the beliefs to be introduced.
The Reasoned Action Approach: Fishbein & Ajzen
- 8) There is need to maximize efforts to substantially scale up training and recruitment of skilled healthcare workers, especially healthcare workers providing SRH services to adolescents in SA.
(this thesis)
- 9) There is nothing more critical than investing in adolescent health and wellbeing today, including their sexual and reproductive health. The Lancet: George Patton