

# Effectiveness and cost-effectiveness of nutritional intervention in elderly subjects after hip fracture.

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## **Effectiveness and cost-effectiveness of nutritional intervention in elderly subjects after hip fracture**

Caroline Wyers

Maastricht, 23 november 2012

1. De inname van energie en eiwit bij oudere heupfractuurpatiënten is onvoldoende en de voedingsnormen zijn, zelfs met intensieve voedingsinterventie, voor deze patiënten moeilijk te behalen. (Dit proefschrift)
2. Intensieve voedingsinterventie leidt niet tot een verkorting van de opname-duur in het ziekenhuis en de herstelkliniek. (Dit proefschrift)
3. De kosten van intensieve voedingsinterventie zijn laag vergeleken met de gezondheidsgerelateerde kosten zoals ziekenhuisopname. (Dit proefschrift)
4. In een gerandomiseerde klinische studie kan de toepassing van strikte inclusie-criteria en informed consent resulteren in vertraging in de start van de inter-ventie en in een selectie van de deelnemers met de beste prognose, waardoor het interventie-effect kleiner wordt of geheel kan wegvallen. (Dit proefschrift)
5. The care for a hip fracture patient involves a wide range of skills, which can only be provided when many disciplines work together. (The National Hip Fracture Database 2010)
6. Malnutrition must be seen in the context of an overall clinical picture. (Allison, cost-effectiveness of nutritional support in the elderly, 1995)
7. Wat de patiënt als een grote vooruitgang ervaart, is niet altijd in cijfers meetbaar.
8. Absence of evidence is not evidence of absence. (Nassim Nicholas Taleb)
9. If a cluttered desk signs a cluttered mind, of what, then, is an empty desk a sign? (Albert Einstein)
10. Wat echt de moeite waard is, is ook veel moeite waard.
11. Als stress omhuld zou zijn met chocolade, zou je er beter tegen kunnen. (Côte d'Or)