

Mind the gap : experimental studies on splanchnic hypoperfusion and gastrointestinal integrity loss in man

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Mind the gap
Experimental studies on splanchnic hypoperfusion and
gastrointestinal integrity loss in man

door Kim van Wijck

1. Splanchnic hypoperfusion plays a key role in the development of exercise-induced gastrointestinal events. (This thesis)
2. The use of non-steroid anti-inflammatory drugs puts athletes at risk of serious gastrointestinal adverse events. (This thesis and New York Times, December 2012)
3. NO-donors such as nitrite and citrulline should be explored as nutritional interventions to alleviate gastrointestinal symptoms in athletes and patients with chronic gastrointestinal ischemia. (This thesis)
4. The difficulties experienced in the diagnosis and treatment of chronic gastrointestinal ischemia do not justify the large underdiagnosis of this condition. (This thesis and Mensink, PB. Gut, 2011)
5. With the increase in geriatric surgical patients, a cardiopulmonary challenge test and short nutritional analysis should be part of the routine preoperative screening. (Based on Katlic, MR. Annals of Surgery, 2013)
6. The split liver approach or ALPPS¹ procedure is a promising, innovative surgical strategy, but prior to its more widespread use it should be tested in a limited number of centers under controlled circumstances. (Based on Neumann, UP and Dejong, CHC. British Journal of Surgery, 2013; Sotiropoulos, GC and Kouraklis, G. Annals of Surgery, 2013)
7. Non steroid anti-inflammatory drugs should not be included in protocols for colorectal surgery since they are associated with anastomotic leakage. (Based on Gorissen, KJ. British Journal of Surgery, 2012)

¹ALPPS procedure, Associating Liver Partition and Portal vein ligation for Staged hepatectomy

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8. Enteral lipid- and protein-rich nutrition is a promising intervention to modulate the immune response early in the course of systemic inflammation in critically ill patients. (Based on Lubbers, T. et al. Critical Care Medicine, 2013)
 9. Ziek zijn is topsport. (Campagne tegen ondervoeding, 2000)
 10. Enjoy the little things in life, because one day you'll look back and realize they were the big things. (Brault, R)
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