

Impact of depression and antidepressant treatment in daily life : an experience sampling approach

Citation for published version (APA):

Barge-Schaapveld, D. Q. C. M. (2001). *Impact of depression and antidepressant treatment in daily life : an experience sampling approach*. Datawyse / Universitaire Pers Maastricht.
<https://doi.org/10.26481/dis.20011221db>

Document status and date:

Published: 01/01/2001

DOI:

[10.26481/dis.20011221db](https://doi.org/10.26481/dis.20011221db)

Document Version:

Publisher's PDF, also known as Version of record

Please check the document version of this publication:

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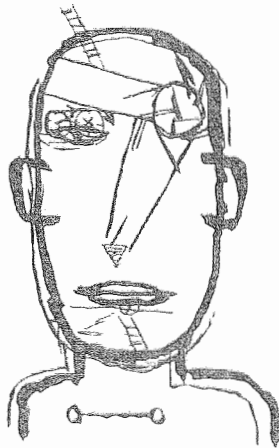
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STELLINGEN
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IMPACT OF DEPRESSION AND
ANTIDEPRESSANT TREATMENT IN DAILY LIFE
AN EXPERIENCE SAMPLING APPROACH

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1. The mood typically experienced during an activity is both more salient and easier to recall than the frequency with which the activity is performed (this thesis).
2. Clinicians are usually unaware of side effects of treatment that have a negative impact on patients' daily quality of life (this thesis).
3. Instability in subjective well-being is a characteristic of psychiatric disorders, namely depression, that can change as a result of treatment response, independently of the level of well-being over time (this thesis).
4. Paradoxically, the softer the data, the harder they are to penetrate.
5. In contrast to the impersonal process of double-blind randomized trials, the antidepressant properties of imipramine would not have been discovered without the empathic process of deep identification with the patient (R. Kuhn).
6. Placebo-controlled studies with a tricyclic antidepressant (TCA) reference compound are more likely to be conclusive than placebo-controlled studies with a selective serotonin re-uptake inhibitor (SSRI) reference compound.
7. Knowledge in psychopharmacology doesn't become acknowledged unless it has commercial value.
8. Being allowed to choose is a luxury; not having to choose is a delight.
9. Happiness should be classified as a psychiatric disorder and be included in future editions of the DSM under the new name: major affective disorder, pleasant type (R.P. Bentall).
10. Individuals who spend more than 10% of their time in active leisure are abnormal and possibly superhuman.