

Breast cancer related lymphedema

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Stellingen behorende bij het proefschrift:

Studies on the prevalence, effect on the quality of life and microsurgical treatment options

Tiara R. Lopez Penha

1. Lymphedema constitutes more than just limb volume increase; symptoms that patients experience as result of that volume change should therefore also be identified. – this thesis
2. The elasticity of the skin of the affected upper limb, as measured using a Cutometer, is impaired in women with BCRL. – this thesis
3. It is imperative that clinicians anticipate the development of severe arm morbidity for “High-risk” patients and treat accordingly in order to maintain an acceptable quality of life. – this thesis
4. BCRL is less frequently observed in patients undergoing breast reconstruction after mastectomy. – this thesis
5. Irrespective of having undergone breast reconstruction, BCRL has a negative effect on the QOL of breast cancer patients. – this thesis
6. Lymphatic microsurgery, if performed when vessels are still viable, could eliminate the need for life-long conservative BCRL treatment. – this thesis
7. Medicine, the only profession that labors incessantly to destroy the reason for its existence. – James Bryce
8. Wisdom is realizing how small I am, and unwise, and how far I have yet to go. - Anthony Bourdain
9. *Ask an unscripted question.* Ours is a job of talking to strangers. Why not learn something about them? – Atul Gawande, Better
10. At the end of the day your feet should be dirty, your hair messy and eyes sparkling - Shanti