

# It comes and goes in waves

## Citation for published version (APA):

Hummel, K. (2017). *It comes and goes in waves: evaluation of inconsistently implemented tobacco control policies in the Netherlands*. Datawyse / Universitaire Pers Maastricht. <https://doi.org/10.26481/dis.20170913kh>

## Document status and date:

Published: 01/01/2017

## DOI:

[10.26481/dis.20170913kh](https://doi.org/10.26481/dis.20170913kh)

## Document Version:

Publisher's PDF, also known as Version of record

## Please check the document version of this publication:

- A submitted manuscript is the version of the article upon submission and before peer-review. There can be important differences between the submitted version and the official published version of record. People interested in the research are advised to contact the author for the final version of the publication, or visit the DOI to the publisher's website.
- The final author version and the galley proof are versions of the publication after peer review.
- The final published version features the final layout of the paper including the volume, issue and page numbers.

[Link to publication](#)

## General rights

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain
- You may freely distribute the URL identifying the publication in the public portal.

If the publication is distributed under the terms of Article 25fa of the Dutch Copyright Act, indicated by the "Taverne" license above, please follow below link for the End User Agreement:

[www.umlib.nl/taverne-license](http://www.umlib.nl/taverne-license)

## Take down policy

If you believe that this document breaches copyright please contact us at:

[repository@maastrichtuniversity.nl](mailto:repository@maastrichtuniversity.nl)

providing details and we will investigate your claim.

Propositions accompanying the PhD thesis

### **It comes and goes in waves**

Evaluation of inconsistently implemented tobacco control policies in the Netherlands

**Karin Hummel, 13 September 2017**

1. Tobacco control policies should be implemented in a consistent way without any reversals to increase their effects | This thesis
2. Cigarette prices should regularly and substantially be increased to encourage quitting and possibly to decrease socioeconomic inequalities in tobacco use | This thesis
3. The implementation of smoking restrictions in public places had positive effects regarding the societal view on smoking restrictions during the past ten years | This thesis
4. Quit intention is the strongest predictor of quit attempts, but at the same time a psychological concept that is difficult to define and to measure | This thesis
5. More research is needed on why there is such variability in tobacco control activity between countries that all ratified the FCTC
6. There is a lot of death and suffering ahead of us, but it will be concentrated among those already suffering the most | Ron Borland
7. The new Tobacco Products Directive is a step in the right direction, but there is still room for improvement such as the inclusion of plain packaging and activities to protect vulnerable subgroups
8. Implementation and strengthening of effective tobacco control policies affects the whole population
9. If you want to be a writer, you must do two things above all others: read a lot and write a lot | Stephen King
10. Collaboration is the key to success
11. You can't stop the waves, but you can learn to surf | Jon Kabat-Zinn