

Zooming into the micro-level of experience : an approach for understanding and treating psychopathology

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**Zooming into the micro-level of experience:
An approach for understanding and treating psychopathology**

Ingrid Kramer, 30 april 2015

1. Het verband tussen jeugdtrauma en het jaren later optreden van psychotische symptomen is sterker bij mensen met een genetische kwetsbaarheid voor depressie. (dit proefschrift)
2. Stemmingsklachten kunnen een rol spelen bij het ontstaan van psychotische symptomen. (dit proefschrift)
3. De effectiviteit van de behandeling van depressie kan verhoogd worden door een op ESM gebaseerde interventie te gebruiken. (dit proefschrift)
4. Depressieve patiënten zijn in staat hun stemming over een langere periode bij te houden. (dit proefschrift)
5. Het gebruik van ESM in de klinische praktijk kan bijdrage aan gepersonaliseerde diagnostiek en behandeling. (valorisatie)
6. Naarmate verzameling van patiëntengegevens middels mobile-health toeneemt, wordt digitale informatieveiligheid steeds belangrijker.
7. Met mobile-health kunnen patiënten het beloop van hun psychische klachten op een laagdrempelige wijze monitoren.
8. Labels are for cans, not people. (Anthony Rapp, actor)
9. Man is many things, but he is not rational. (Oscar Wilde, The picture of Dorian Gray)
10. Do not dwell in the past, do not dream of the future, concentrate the mind on the present moment. (Buddha)