

# HIV prevention

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# HIV PREVENTION

## THE APPLICATION OF SOCIO-COGNITIVE MODELS IN SOUTHERN & EASTERN AFRICA

1. De socio-cognitieve theorieën die veelal toegepast worden in de gezondheidspsychologie zijn adequaat om motivaties te verklaren, maar niet om daadwerkelijk seksueel gedrag onder jongeren in sub-Saharisch Afrika te verklaren. |Dit proefschrift
2. Sociale normen spelen een sterkere rol bij het bepalen van seksueel gedrag onder adolescenten in sub-Saharisch Afrika dan onder adolescenten in Europa of de VS. |Dit proefschrift
3. De aanzienlijke fluctuaties in cognities en overtuigingen geobserveerd over een periode van zes maanden duiden erop dat herhaling van de inhoud van een interventie aan te bevelen is voor een betere consolidatie bij een jonge doelgroep. |Dit proefschrift
4. Risico percepties en kennis hebben een beperkte invloed op gedrag maar zijn wel van belang bij de vorming van attitudes en sociale normen. |Dit proefschrift
5. Bij seksueel gedrag is men vaak afhankelijk van een ander persoon en de huidige studies en modellen houden hier te weinig rekening mee. |Dit proefschrift
6. The best theory is informed by practice, and the best practice should be grounded in theory. |Karen Glanz
7. It is really hard to design products by using focus groups. A lot of times, people do not know what they want until you show it to them. |Steve Jobs
8. If everything seems under control, you're just not going fast enough. |Mario Andretti
9. Absence of evidence does not mean evidence of absence.
10. Not everything that counts can be counted and not everything that can be counted counts. |Albert Einstein

Sander Matthijs Eggers