

# Further optimization of sacral neuromodulation therapy

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## **Further optimization of Sacral Neuromodulation Therapy**

1. De 'First Stage Tined-Lead Placement' test is een sensitievere screeningsmethode voor de identificatie van patiënten die in aanmerking komen voor sacrale neuromodulatie therapie dan de percutane-zenuwstimulatie test. *(dit proefschrift)*
2. De effectiviteit van sacrale neuromodulatie kan verbeterd worden door de stimulatiefrequentie te veranderen en tevens kan hierdoor de therapie-gerelateerde pijn verminderd worden. *(dit proefschrift)*
3. Patiënten met gecombineerde klachten van overactieve blaas en fecale incontinentie/constipatie kunnen verbetering ervaren met sacrale neuromodulatie therapie. *(dit proefschrift)*
4. Sacrale neuromodulatie therapie wordt kosteneffectief in vergelijking met botulinum toxine injectie, na ongeveer vier jaar. *(dit proefschrift)*
5. Meer onderzoek is nodig om de vraag te beantwoorden waarom mensen een overactieve blaas krijgen en hoe sacrale neuromodulatie werkt.
6. Net als weefselspanning essentieel is voor een goede chirurgische incisie, is in het leven spanning essentieel om vooruit te kunnen komen.
7. Wees nederig want er is altijd iemand beter dan jij.
8. Drugs are not always necessary. Belief in recovery always is. *(Norman Cousins)*
9. Our prime purpose in this life is to help others. And if you can't help them, at least don't hurt them. *(Dalai Lama)*
10. If you're not prepared to be wrong, you won't ever come up with anything original. *(Sir Ken Robinson)*

Randall K. Leong  
Maastricht, 17 december 2012