

Work outcome in musculoskeletal diseases

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STELLINGEN

behorende bij het proefschrift

Work outcome in musculoskeletal diseases

The context of cross-cultural research,
intervention and multimorbidity

Antje van der Zee-Neuen, 4 juli 2017

1. The presence of a musculoskeletal disease in multimorbid patients amplifies the adverse association of multimorbidity with physical health, healthcare costs and sick leave in those employed. *(this thesis)*
2. All major chronic diseases are similarly associated with an increased risk of work disability, dependence on living allowances, unemployment and sick leave. Yet, when accounting for the prevalence of diseases, the societal burden of musculoskeletal and mental diseases is larger. *(this thesis)*
3. An intensive multidisciplinary program for workers with musculoskeletal diseases on recent sick-leave is more effective than usual care in reducing days absent from work. *(this thesis)*
4. Large differences in absenteeism, presenteeism and employment exist among patients with rheumatoid arthritis across countries; these differences may be partially explained by system level country characteristics. *(this thesis)*
5. Strategies to maintain or enhance work ability in the chronically ill should be an integral part of clinical care.
6. Linking disease registries with medication prescription databases can provide valuable information on the occurrence of co-morbidities in patients with chronic diseases.
7. Failing to evaluate treatment goals throughout the treatment trajectory invalidates analysis of treatment success.
8. When determining treatment goals for physiotherapeutic treatment of patients with musculoskeletal diseases, older patients prefer a paternalistic approach above shared decision making.
9. "Movement is a medicine for creating change in a person's physical, emotional and mental states" *(Carol Welch)*
10. "Work gives you meaning and purpose and life is empty without it." *(Stephen Hawking)*