

# Implementation strategy for the school-based sex education program Long Live Love

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## STELLINGEN

### *Implementation strategy for the school-based sex education program Long Live Love:*

#### *A dynamic process*

1. De GGD blijft een belangrijke en geschikte partij in de implementatie van schoolgezondheidsprogramma's (dit proefschrift).
2. Succesvolle seksuele voorlichting omvat meer dan alleen lessen uitvoeren met volledigheid en getrouwheid. Naast deze aspecten, omvat het het creëren van de vereiste randvoorwaarden om de lessen adequaat te kunnen geven (dit proefschrift).
3. Het is niet realistisch om te verwachten dat (seksuele) gezondheidsbevorderende programma's op school uitgevoerd worden met absolute volledigheid en trouw (dit proefschrift).
4. Implementatie van implementatie-bevorderende interventies is niet gegarandeerd en moet gepland worden (dit proefschrift).
5. Het Ministerie van Volksgezondheid en het Ministerie van Onderwijs moet gestimuleerd worden om lokale en nationale beleidsmaatregelen te formuleren die de integratie en structurele inbedding van seksuele gezondheidsbevordering binnen scholen en GGD-en verzekeren.
6. Preventie is belangrijk voor de kwaliteit van leven van jongeren en om de kosten en lasten voor de samenleving in verband met seksuele gezondheidsproblemen te minimaliseren.
7. Gezondheidsbevordering, waaronder seksuele gezondheidsbevordering, moet voor alle leerlingen een verplicht eindexamen onderdeel zijn.
8. Het sterke punt van Intervention Mapping is ook het kwetsbare punt: een foutje in één stap heeft meteen ook gevolgen voor de rest.
9. Iedere vraag in het ontwikkelen van gezondheidsbevorderende interventies, is een implementatie vraag.
10. Wat zijn de overeenkomsten tussen een zwangere olifant en je PhD halen? Het duurt lang en het is zwaar.
11. "Liefde is alles wat je nodig hebt. Maar een beetje chocolade af en toe kan geen kwaad." –Charles M. Schulz

**Lisette Schutte, 2017**



## PROPOSITIONS

*Implementation strategy for the school-based sex education program Long Live Love:*

*A dynamic process*

1. The Municipal Health Service (MHS) remains an important and appropriate actor in the implementation of school health promotion programs (this thesis).
2. Successful provision of sex education encompasses more than just delivering lessons with completeness and fidelity. Besides these factors, it includes creating the prerequired conditions to deliver the lessons adequately (this thesis).
3. It is not realistic to expect that school-based (sex) education programs will be delivered with absolute completeness and fidelity (this thesis).
4. Implementation of implementation enhancing interventions is not guaranteed and should be planned for (this thesis).
5. The Ministry of Health and Ministry of Education need to be stimulated to formulate local and national policies that will ensure the integration and structural embedment of sexual health promotion in schools and within the MHS.
6. Prevention is essential for the quality of life of the youth and to minimize the costs and burden for society associated with sexual health issues.
7. Health promotion, including sexual health promotion, should be a mandatory component of the examination criteria for all students.
8. The strength of Intervention Mapping is also its' limitation: a mistake in one step has immediate consequences for the rest.
9. Each question in the development of health promotion interventions, is an implementation question.
10. What are the similarities between a pregnant elephant and your PhD? It takes a long time and it's heavy.
11. "All you need is love. But a little chocolate now and then doesn't hurt." – Charles M. Schulz

**Lisette Schutte, 2017**

