

Just in time

Citation for published version (APA):

Varol, T. (2023). *Just in time: Applying behavioral science to create a safe university environment in times of the covid-19 pandemic*. [Doctoral Thesis, Maastricht University]. Maastricht University. <https://doi.org/10.26481/dis.20230629tv>

Document status and date:

Published: 01/01/2023

DOI:

[10.26481/dis.20230629tv](https://doi.org/10.26481/dis.20230629tv)

Document Version:

Publisher's PDF, also known as Version of record

Please check the document version of this publication:

- A submitted manuscript is the version of the article upon submission and before peer-review. There can be important differences between the submitted version and the official published version of record. People interested in the research are advised to contact the author for the final version of the publication, or visit the DOI to the publisher's website.
- The final author version and the galley proof are versions of the publication after peer review.
- The final published version features the final layout of the paper including the volume, issue and page numbers.

[Link to publication](#)

General rights

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain
- You may freely distribute the URL identifying the publication in the public portal.

If the publication is distributed under the terms of Article 25fa of the Dutch Copyright Act, indicated by the "Taverne" license above, please follow below link for the End User Agreement:

www.umlib.nl/taverne-license

Take down policy

If you believe that this document breaches copyright please contact us at:

repository@maastrichtuniversity.nl

providing details and we will investigate your claim.

Propositions

Just in Time

Applying behavioral science to create a safe university environment in times of the COVID-19 pandemic

Tuğçe Varol

1. The COVID-19 pandemic is not the first and will not be the last global crisis. Universities need to establish crisis teams to leverage their expertise and take a proactive approach towards ensuring preparedness for future crises. (*this thesis*)
2. The use of behavioral science can expedite crisis response. Identifying effective strategies for timely intervention development, implementation, and evaluation is crucial. (*this thesis*)
3. Developing interventions requires the establishment of a relationship based on mutual trust with stakeholders. (*this thesis*)
4. Although people may be willing to follow guidelines, the difficulty lies in maintaining their compliance over time, especially in constantly changing circumstances. (*this thesis*)
5. The practice of transparently defining constructs in health and social psychology is critical for facilitating evidence synthesis.
6. The concept of ‘preparedness’ is multifaceted, encompassing diverse aspects that require careful consideration in the planning for future pandemics.
7. Preparedness efforts for a crisis can be focused on three interlinked phases: prevention, management, and recovery.
8. We are living in a data-driven world. This is undeniable. Nevertheless, it is our own actions and decisions that determine how we make use of this data.
9. Rather than reinventing the wheel, it is better to leverage the resources that are already available and build upon them to enhance their effectiveness.
10. Saying “no” sometimes makes life a lot easier.