

Sexuality and Intellectual Disability : Implications for sex education

Citation for published version (APA):

Schaafsma, D. (2013). *Sexuality and Intellectual Disability : Implications for sex education*. [Doctoral Thesis, Maastricht University]. Datawyse / Universitaire Pers Maastricht. <https://doi.org/10.26481/dis.20131010ds>

Document status and date:

Published: 01/01/2013

DOI:

[10.26481/dis.20131010ds](https://doi.org/10.26481/dis.20131010ds)

Document Version:

Publisher's PDF, also known as Version of record

Please check the document version of this publication:

- A submitted manuscript is the version of the article upon submission and before peer-review. There can be important differences between the submitted version and the official published version of record. People interested in the research are advised to contact the author for the final version of the publication, or visit the DOI to the publisher's website.
- The final author version and the galley proof are versions of the publication after peer review.
- The final published version features the final layout of the paper including the volume, issue and page numbers.

[Link to publication](#)

General rights

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain
- You may freely distribute the URL identifying the publication in the public portal.

If the publication is distributed under the terms of Article 25fa of the Dutch Copyright Act, indicated by the "Taverne" license above, please follow below link for the End User Agreement:

www.umlib.nl/taverne-license

Take down policy

If you believe that this document breaches copyright please contact us at:

repository@maastrichtuniversity.nl

providing details and we will investigate your claim.

Propositions accompanying the dissertation

Sexuality and Intellectual Disability

Implications for sex education

Dilana Schaafsma

October 10th, 2013

1. In order to make the necessary improvements to sex education for people with intellectual disabilities they themselves need to be involved in the development process (this thesis).
2. The sexual health of people with intellectual disabilities will never be up to standard if others do not recognize that sex education programs need a theory and an evidence-base (this thesis).
3. Paid care staff are not unwilling to teach sex education; they just need someone to set an example (this thesis).
4. Knowledge about which methods are effective for teaching sex education to people with intellectual disabilities is incomplete and limited (this thesis).
5. A good-looking intervention is not necessarily an effective intervention.
6. To help science progress, researchers need to share their data, syntax, intervention manuals and other relevant information related to their research.
7. People with intellectual disabilities are experts on their own lives; we, as researchers, are only there to listen, to ask the right questions and, together, to make sense of it all.
8. Doing research is a waste of time and money if results are not put into practice.
9. "Well-behaved women seldom make history" ~ Laurel Thatcher Ulrich.
10. The experience a person gains during a PhD project is more than the sum of its parts.