

The welfare effects of integrating AIDS treatment with food transfers : evidence from Zambia

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Propositions accompanying the dissertation

The Welfare Effects of Integrating AIDS treatment with Food Transfers: Evidence from Zambia

By Juliana Nyasha Tirivayi

1. There is limited and conflicting evidence on the effects of integrating AIDS treatment with food transfers on a patient's health, with few empirical studies using robust designs (chapter 2).
2. Food transfers may improve adherence to anti-retroviral therapy medicine and hence the effectiveness of treatment, but the immediate effects on body weight are negligible especially if targeted beneficiaries are not clinically malnourished (chapter 3).
3. Even if food transfers are inframarginal, they still have a large and positive effect on food consumption with the marginal propensity to consume food out of food transfers greater than the marginal propensity to consume food out of cash income (chapter 4).
4. Food transfers act as a work disincentive for patients but not for non-patients adults in the household - intrahousehold decision making and resource allocation may explain the disparity in labour supply responses to food transfers (chapter 5).
5. Overall, food transfers potentially have greater benefits than disincentives in households and could improve the effectiveness of AIDS treatment, but the design and targeting of the programme matters for achieving specific goals (chapter 6).
6. Today's comprehensive strategies combining treatment, care, social assistance and support have made HIV/AIDS a controllable chronic illness rather than a certain death sentence.
7. The recipe for successful data collection requires a healthy mix of determination, hard work, money and a sprinkle of providence!
8. Writing a PhD can either be a long slog marathon or a sprint, either way you must cross the finish line.
9. Albert Einstein: "The important thing is not to stop questioning. Curiosity has its own reason for existing." – In the same vein, the PhD journey comes to an end, but the quest to learn and understand must not!