

Prognosis of chronic clinical pain conditions : the example of complex regional pain syndrome 1 and low back pain

Citation for published version (APA):

Wertli, M. M. (2014). *Prognosis of chronic clinical pain conditions : the example of complex regional pain syndrome 1 and low back pain*. [Doctoral Thesis, Maastricht University]. Datawyse / Universitaire Pers Maastricht. <https://doi.org/10.26481/dis.20140926mw>

Document status and date:

Published: 01/01/2014

DOI:

[10.26481/dis.20140926mw](https://doi.org/10.26481/dis.20140926mw)

Document Version:

Publisher's PDF, also known as Version of record

Please check the document version of this publication:

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Propositions

regarding the dissertation

Prognosis of chronic clinical pain conditions:

The example of complex regional
pain syndrome 1 and low back pain

Maria Monika Wertli

Maastricht, 2014

1. The diagnosis of CRPS: we are not there yet?
(Harden N, Pain 2012; 153:1142-1143)
2. The clinical course of LBP is worse than generally accepted
(Itz CJ et al., Eur J Pain. 2013 Jan;17:(1) 5-15)
3. High fear avoidance beliefs represent an important prognostic factor for poor work-related outcome in patients with persisting LBP up to six months duration
(Chapter 3)
4. Patients with LBP and fear avoidance beliefs respond well to treatments addressing those beliefs, while patients without fear avoidance beliefs have no benefit
(Chapter 4)
5. In pain patients bone scintigraphy does not prove or rule out CRPS 1
(Chapter 5)
6. The clinical findings in CRPS 1 of cold skin temperature and the presence of sensory disturbances are most consistently associated with poor prognosis
(Chapter 6)
7. In patients with CRPS 1 a rational therapeutic strategy should consider illness duration.
(Chapter 7)
8. A journey of a thousand miles begins with a single step
9. An ounce of prevention is worth a pound of cure
10. Time is really the only capital any human being has, and the only thin he can't afford to lose
(Thomas Edison)