

eHealth and Trends in Bariatric Surgery

Citation for published version (APA):

Versteegden, D. P. A. (2023). *eHealth and Trends in Bariatric Surgery*. [Doctoral Thesis, Maastricht University]. Maastricht University. <https://doi.org/10.26481/dis.20230214dv>

Document status and date:

Published: 01/01/2023

DOI:

[10.26481/dis.20230214dv](https://doi.org/10.26481/dis.20230214dv)

Document Version:

Publisher's PDF, also known as Version of record

Please check the document version of this publication:

- A submitted manuscript is the version of the article upon submission and before peer-review. There can be important differences between the submitted version and the official published version of record. People interested in the research are advised to contact the author for the final version of the publication, or visit the DOI to the publisher's website.
- The final author version and the galley proof are versions of the publication after peer review.
- The final published version features the final layout of the paper including the volume, issue and page numbers.

[Link to publication](#)

General rights

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain
- You may freely distribute the URL identifying the publication in the public portal.

If the publication is distributed under the terms of Article 25fa of the Dutch Copyright Act, indicated by the "Taverne" license above, please follow below link for the End User Agreement:

www.umlib.nl/taverne-license

Take down policy

If you believe that this document breaches copyright please contact us at:

repository@maastrichtuniversity.nl

providing details and we will investigate your claim.

Stellingen behorende bij het proefschrift:

EHEALTH AND TRENDS IN BARIATRIC SURGERY

Dirk Petrus Adrianus Versteegden

Maastricht, 14 februari 2023

1. Similar to other chronic diseases, the addition of eHealth could be useful in supporting patients during their bariatric care pathway. – *This thesis*
2. The addition of an eHealth platform and wireless self-monitoring devices to standard bariatric care did not improve clinical outcomes in terms of weight loss, comorbidity reduction and quality of life. – *This thesis*
3. eHealth modalities such as an educative eHealth platform have the potential to reach a large number of patients. – *This thesis*
4. The development of eHealth modalities should be guided by the needs and expectations of patients and requires an intuitive, accessible and secure design. – *This thesis*
5. Data-tracking in the home environment of patients is a promising modality used to detect hidden behavior and consequently leading to tailored therapy options. – *This thesis*
6. The SADI, as secondary step after gastric sleeve, is a promising procedure, although the available literature is still insufficient to establish a definite place within bariatric care. – *This thesis*
7. Obesity has reached epidemic proportions globally, with at least 2.8 million people dying each year as a result of being overweight or obese. Once associated with high-income countries, obesity is now also prevalent in low- and middle-income countries. – *World Health Organization*
8. Any sufficiently advanced technology is indistinguishable from magic. – *Arthur C. Clarke*
9. The greatest medicine of all is teaching people how not to need it. – *Hippocrates*
10. Be the change you want to see in the world. – *Unknown*