

Growing up, getting drunk : development and prevention of adolescent alcohol use

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Growing up getting drunk

Development and prevention of adolescent alcohol use

1. Sociale factoren zijn belangrijker dan psychosociale en biologische factoren om een toename in het alcoholgebruik van jongeren te kunnen begrijpen. *(Dit proefschrift)*
2. Ouders van jongeren met een vroege timing van de puberteit en psychosociale ontwikkeling faciliteren het drankgebruik van hun kinderen. *(Dit proefschrift)*
3. Het intensiveren van formele controle, evenals het gecombineerd intensiveren van formele en informele controle, leidt tot minder risicovol drinken van jongeren. *(Dit proefschrift)*
4. Effectief alcoholbeleid vereist dat op meerdere niveaus consistent de beschikbaarheid van alcohol voor jongeren verminderd wordt. *(Dit proefschrift)*
5. It makes little sense to expect individuals to behave differently from their peers; it is more appropriate to seek a general change in behavioural norms and in the circumstances which facilitate their adoption. *(Geoffrey Rose)*
6. Het inzetten van persoonsgerichte educatie bij jongeren als alcohol preventiemethode is dweilen met de kraan open.
7. Gelegenheid maakt de drinker.
8. Mediated higher-order moderation zou in iedere interventie getest moeten worden.
9. It is better to be approximately right than precisely wrong. *(John Maynard Keynes)*
10. Het geheel is meer dan de som der delen. *(Gezegde)*