

# Stigma by association : among family members of people with mental illness

## Citation for published version (APA):

van der Sanden, R. L. M. (2015). *Stigma by association : among family members of people with mental illness*. Datawyse / Universitaire Pers Maastricht. <https://doi.org/10.26481/dis.20150611rs>

## Document status and date:

Published: 01/01/2015

## DOI:

[10.26481/dis.20150611rs](https://doi.org/10.26481/dis.20150611rs)

## Document Version:

Publisher's PDF, also known as Version of record

## Please check the document version of this publication:

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### **STIGMA BY ASSOCIATION AMONG FAMILY MEMBERS OF PEOPLE WITH MENTAL ILLNESS**

Remko van der Sanden

- 1 The type of familial relationship between a person with mental illness and his or her family member is a significant factor in this family member's experiences and consequences of stigma by association.
- 2 Family member's personal responsibility for the stigmatised condition as perceived by community members is a significant factor in family member's experiences of stigma by association.
- 3 To diminish stigma by association, one should decrease public stigma as well.
- 4 Stigmatisation is an essential stage in processes of genocide.
- 5 Sibling rivalry cannot be excluded, but can be managed.
- 6 Juvenile children and siblings show more in-group favouritism than adult family members.
- 7 Re-organising organisations is 60% psychology, 30% practice, and 10% theory
- 8 Stigma by association may inflict concentration problems or lead to absenteeism in the workplace and may hurt businesses' bottom line results.

Maastricht, juni 2015