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Clinical Outcomes After Lung Stereotactic Body Radiation Therapy in Patients With or Without a Prior Lung Resection

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Objectives: Tumor control (TC), toxicity and survival, following stereotactic body radiation therapy (SBRT) were compared between patients with and without a prior lung resection (PLR).

Materials and Methods: The study is comprised of 130 patients with 141 peripheral tumors treated with SBRT at our institution from 2009 to 2013. Primary TC and lobar control (LC) were defined per RTOG 0236. Toxicity was scored using Common Terminology Criteria for Adverse Events version 4.0. Survival/TC and toxicity were compared between patients with and without PLR using the Kaplan-Meier method and cumulative incidence, respectively. Fine and Gray regression was used for univariable/multivariable analysis for radiation pneumonitis (RP).

Results: Of the 130 patients with median age 70 years (range, 42 to 93 y), 50 had undergone PLR (median time between PLR and SBRT: 33 mo; range, 1 to 206), including pneumonectomy (12%), lobectomy (46%), wedge resection (42%). With a median follow-up of 21 months in survivors, the PLR group had better TC (1-y 100% vs. 93%; $P < 0.01$) and increased grade ≥ 2 RP (1-y 12% vs. 1%; $P < 0.01$). OS was not significantly different between the 2 groups (1-y 91% vs. 85%; $P = 0.24$). On univariable/multivariable analyses, biologically effective dose was associated with TC (hazard ratios, 0.97; 95% confidence interval, 0.94-0.999; $P = 0.04$). Chemotherapy use was associated with grade ≥ 2 RP for all patients (hazard ratios, 14.92; 95% confidence interval, 5.68-39.21; $P < 0.0001$) in multivariable analysis. PLR was not associated with increased RP in multivariable analysis.

Conclusions: Patients with PLR who receive lung SBRT for lung tumors have high local control and relatively low toxicity. SBRT is an excellent option to treat second lung tumors or pulmonary metastases in patients with PLR.

Key Words: stereotactic body radiation therapy, lung cancer, prior lung resection, clinical outcomes, radiation pneumonitis

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In the United States, lung cancer is the leading cause of cancer-related deaths¹ with a 5-year survival rate for early stage (IA-IIIB) non-small cell lung cancer (NSCLC) of only 36% to 73%.² Surgery remains the standard treatment for patients with clinical stage I and II NSCLC. Nevertheless, for patients with inoperable lung cancers because of multiple comorbidities or those who refuse surgery, stereotactic body radiation therapy (SBRT) has emerged as an excellent treatment option. Previous prospective³⁻⁵ and retrospective⁶⁻⁸ studies of different SBRT regimens have demonstrated high local control (80% to 90%), high overall survival (OS) (50% to 60%) and high cancer-specific survival (60% to 70%) at 2 to 3 years. SBRT is well tolerated, and the observed incidence of symptomatic radiation pneumonitis (RP) after SBRT ranges from 7% to 16%.^{6,9-11}

The estimated risk of second primary lung cancer (SPLC) after prior lung resection (PLR) ranges from 3% to 6% per person-year and does not diminish over time.¹² Thus, identification of safe treatment options for SPLC in patients with PLR is an important clinical need. The published data on curative treatment of lung tumors with SBRT after PLR are limited to small series, but SBRT has been shown to be safe for stage I lung tumors that arose after prior pneumonectomy.¹³⁻¹⁵ Thus, we present a large series of patients with PLR which include pneumonectomy, lobectomy, or wedge resection treated with SBRT for subsequent malignancies and compare their outcomes and tolerability to those of a cohort of patients without PLR who received SBRT as initial therapy for a lung tumor.

MATERIALS AND METHODS

Patients

After obtaining institutional review board approval, 132 patients with 143 peripheral lung cancers including primary early stage NSCLC and lung oligometastases treated with SBRT at our institution were retrospectively reviewed from 2009 to 2013. A total of 130 patients with 141 tumors were included in the study after 2 patients who had prior radiofrequency ablation were excluded. Fifty patients (38%) with 54 tumors (38%) who had previously undergone lung resection were included in the PLR group. The non-PLR control group included 80 patients with 87 tumors.

Clinical Variables

Pretreatment patient, tumor and treatment characteristics including details of PLR, SBRT treatment, and dose-volume histogram data for the lung(s), esophagus and chest wall were collected.

TABLE 1. Patient, Tumor, and Treatment Characteristics

	All Patients (N = 130; Tumors = 141)	PLR (N = 50; Tumors = 54)	No PLR (N = 80; Tumors = 87)	P
Patient characteristics				
Sex (n [%])				
Male	58 (44.6)	21 (42)	37 (46.2)	0.72
Female	72 (55.4)	29 (58)	43 (53.8)	
Median age (range) (y)	70 (42-93)	67 (46-87)	74 (42-93)	<0.01
Race (n [%])				
White	121 (93.1)	47 (94)	74 (92.5)	0.10
Black	7 (5.4)	1 (2)	6 (7.5)	
Asian	1 (0.8)	2 (2)	0 (0.0)	
Hispanic	1 (0.8)	1 (2)	0 (0.0)	
PS (n [%])				
0-1	101 (71.6)	47 (87)	54 (62.1)	0.01
2-4	40 (28.4)	7 (13)	33 (37.9)	
Smoking (n [%])				
Current	27 (20.8)	10 (20)	17 (21.3)	0.70
Former	84 (64.6)	31 (62)	53 (66.2)	
Never	19 (14.6)	9 (18)	10 (12.5)	
Median pack-years (range)	41.5 (0-180)	38.8 (0-100)	45 (0-180)	0.08
History of COPD (n [%])	51 (39.2)	15 (30)	36 (45)	0.1
Previous thoracic RT(n [%])	29 (20.6)	15 (27.8)	14 (16.1)	0.13
Prior radiation dose (range) (Gy)	60 (45-68.4)	60 (50.4-68)	61.6 (45-68.4)	0.93
	(N = 23)	(N = 13)	(N = 10)	
Median % DLCO predicated (range)	53 (5-142)	55.5 (11-109)	52 (5-142)	0.23
	(N = 80)	(N = 34)	(N = 46)	
Median DLCO (range)	11.3 (0.9-39.2)	13 (2.3-28.7)	10.3 (0.9-39.2)	0.04
	(N = 78)	(N = 34)	(N = 44)	
Median FEV1 (range)	1.7 (0.5-5.0)	1.8 (0.7-5.0)	1.7 (0.5-4.9)	0.50
	(N = 122)	(N = 47)	(N = 75)	
Median % FEV1 predicated (range)	71.5 (20-127)	73.5 (23-127)	69 (20-125)	0.79
	(N = 120)	(N = 46)	(N = 74)	
Tumor characteristics				
Recurrent tumor (n [%])	29 (20.6)	20 (37)	9 (10.3)	<0.01
Clinical T-stage (n [%])				
T1a	61 (43.3)	27 (50)	34 (39.1)	<0.01
T1b	32 (22.7)	6 (11.1)	26 (29.9)	
T2a	20 (14.2)	3 (5.6)	17 (19.5)	
T2b	1 (0.7)	0 (0.0)	1 (1.2)	
T3	1 (0.7)	0 (0.0)	1 (1.2)	
Tx (metastases)	26 (18.4)	18 (33.3)	8 (9.2)	
Overall stage (n [%])				
IA	87 (61.7)	31 (57.4)	56 (64.4)	0.02
IB	17 (12.1)	3 (5.6)	14 (16.1)	
IIA	1 (0.7)	0	1 (1.2)	
IIB	1 (0.7)	0	1 (1.2)	
IV	35 (24.8)	20 (37)	15 (17.2)	
Tumor location (n [%])				
RUL	34 (24.1)	10 (18.5)	24 (27.6)	0.46
RML	14 (9.9)	4 (7.4)	10 (11.5)	
RLL	31 (22)	16 (29.6)	15 (17.2)	
LUL	27 (19.2)	9 (16.7)	18 (20.7)	
LLL	35 (24.8)	15 (27.8)	20 (23.0)	
LL	66 (46.8)	31 (57.4)	35 (40.2)	0.09
Histology (n [%])				
Adenocarcinoma	54 (38.3)	17 (31.5)	37 (42.5)	<0.01
Squamous cell	28 (19.9)	8 (14.8)	20 (23.0)	
NSCLC NOS	16 (11.4)	3 (5.6)	13 (14.9)	
Metastasis from other site	26 (18.4)	18 (33.3)*	8 (9.2)	<0.01
None†	15 (10.6)	8 (14.8)	7 (8.1)	
Tumor grade (n [%])				
No grade reported	82 (58.2)	32 (59.3)	50 (57.5)	0.91
Grade 1	6 (4.3)	3 (5.6)	3 (3.5)	
Grade 2	23 (16.3)	8 (14.8)	15 (17.2)	
Grade 3	30 (21.3)	11 (20.4)	19 (21.8)	
Median clinical tumor size (range)	1.9 (0.7-5.5)	1.6 (0.8-4.2)	2.4 (0.7-5.5)	<0.01
Median pretreatment SUVmax (range)	5 (0-21.7)	3.5 (0-19)	5.9 (0-21.7)	0.01
	(N = 105)	(N = 31)	(N = 74)	

TABLE 1. (continued)

	All Patients (N=130; Tumors = 141)	PLR (N=50; Tumors = 54)	No PLR (N=80; Tumors = 87)	P
Treatment characteristics				
SBRT technique (n [%])				
Conformal	113 (80.1)	44 (81.5)	69 (79.3)	0.83
VMAT	28 (19.9)	10 (18.5)	18 (20.7)	
Median prescribed radiation dose (range) (Gy)	54 (40.5-60)	54 (40.5-60)	54 (48-60)	<0.01
Median prescribed dose per fraction (range) (Gy)	18 (10-19.7)	18 (10-18)	18 (10-19.7)	<0.01
Median delivered BED (range) (Gy ₁₀)	151.2 (95.2-175.5)	151.2 (95.2-151.2) (mean = 144.8)	151.2 (100-175.5) (mean = 138.1)	0.01
Chemotherapy (n [%])				
Induction	11 (7.8)	2 (3.7)	9 (10.3)	0.2
Adjuvant	4 (2.8)	2 (3.7)	2 (2.3)	0.64
DVH				
ITV (mL)	8.7 (0.5-82.9)	4.6 (0.7-40.9)	12.1 (0.5-82.9)	<0.01
PTV (mL)	24.6 (4.9-110.6)	16.6 (5.8-110.6)	31.7 (4.9-109.4)	<0.01
Lung V5 (%)	17 (2.7-39.1)	15.3 (8.3-37.4)	18 (2.7-39.1)	0.03
Lung V20 (%)	4 (1.2-10.8)	3.9 (1.2-10.3)	4.1 (1.3-10.8)	0.08
Lung MLD (Gy)	3.6 (0.9-7.8)	3.1 (1.6-7.8)	3.7 (0.9-7.6)	0.01
Contralateral lung V5 (%; VMAT only)	2.1 (0.0-29.0)			
Lung D1000cc (Gy)	1.3 (0.2-9.0)	1.0 (0.2-3.7)	2.0 (0.2-9.0)	<0.01
Lung D1500cc (Gy)	0.5 (0.0-3.7)	0.4 (0.0-2.3)	0.6 (0.0-3.7)	<0.01
Lung V10.5 (3-fraction) (mL)	257.9 (43.5-635.7) (N=93)	242.7 (101.8-451.9) (N=44)	291.8 (43.5-635.7) (N=49)	0.04
Lung V11.4 (3-fraction) (mL)	230.9 (42.2-581.4) (N=93)	217.0 (91.8-417.0) (N=44)	263.0 (42.2-581.1) (N=49)	0.04
Lung V12.5 (5-fraction) (mL)	312.9 (40.7-721.3) (N=42)	261.3 (124.8-360.9) (N=7)	337.1 (40.7-721.3) (N=35)	0.08
Lung V13.5 (5-fraction) (mL)	277.1 (39.5-649.7) (N=42)	237.2 (110.3-335.5) (N=7)	299.3 (39.5-649.7) (N=35)	0.07
Chest wall V30 (mL)	15.5 (0-88.5)	13.2 (0-56.4)	18.1 (0-88.5)	<0.01
Esophagus max dose (Gy, N=135)	10.4 (0.4-33.8)	10.3 (0.4-26.3) (N=53)	10.4 (0.4-33.8) (N=83)	0.49

Values in bold represent statistically significant ($P < 0.05$).

*Sarcoma: 55.6%; colorectal cancer: 22.2 %; melanoma: 5.6%; esophageal cancer: 5.6%; others: 11.1%.

†No pathology (clinical diagnosis).

BED indicates biologically effective dose; COPD, chronic obstructive pulmonary disease; DLCO, diffusing capacity of the lung for carbon monoxide; DVH, dose-volume histogram; FEV1, forced expiratory volume in 1 second; ITV, internal target volume; LL, left lung; LLL, left lower lobe; LUL, left upper lobe; MLD, mean lung dose; NOS, not otherwise specified; NSCLC, non-small cell lung cancer; PLR, prior lung resection; PTV, planning target volume; RLL, right lower lobe; RML, right middle lobe; RUL, right upper lobe; RT, radiation therapy; Tx, unable to assess primary tumor; V5 (%), % volume which receives at least 5 Gy radiation dose; VMAT, volumetric modulated arc therapy.

SBRT Treatment

During the study period, SBRT was utilized only for peripheral tumors as defined in RTOG 0236.⁴ Patients were treated with SBRT because they were medically inoperable or unwilling to have surgery. Patients were immobilized in a custom stereotactic frame, and abdominal compression was used for patients with tumor movement >1 cm. For treatment planning, an internal target volume was generated from reconstructed 4-dimensional computed tomography (CT) images, and expanded by 5 mm to obtain a planning target volume (PTV) margin without clinical target volume margin. SBRT was delivered in 3 to 5 fractions. Daily setup included Exac Trac and cone-beam CT before treatment on a linear accelerator.

Planning Parameters and Dose-Volume Histogram Constraints

Plans were prescribed to achieve 95% coverage of the PTV with 100% of the prescription dose, with typical normalization to the 60% to 80% isodose line. Lung constraints included V20 <10%,

mean lung dose <7 Gy, and critical volume constraints (D1000cc <11.4 and <13.5 Gy, and D1500cc <10.5 and 12.5 Gy for 3- and 5-fraction cases, respectively) for all cases, and contralateral V5 <26% for patients receiving Volumetric Modulated Arc therapy. The 3- and 5-fraction constraints for the other organs at risk were comparable with National Comprehensive Cancer Network guidelines.

Follow-up

After treatment, patients were typically followed with clinic visits and restaging chest CT at 3 to 6 month intervals for the first 2 years, then 6 to 12 month intervals thereafter.

Outcomes

Primary tumor control (TC) and local (lobar) control (LC) were defined as per RTOG 0236.⁴ TC, LC, regional control, local-regional control, freedom from any recurrence, freedom from distant metastases, recurrence-free survival, OS were analyzed, and time to each event was measured from the date of the last SBRT treatment. Toxicity events including RP, esophagitis, and chest wall pain were scored using the Common Terminology Criteria for Adverse Events version 4.0.

TABLE 2. Details of PLR

	PLR Before SBRT (N = 50; Tumors = 54)
PLR site relative to SBRT (n [%])	
Same lobe	11 (22)
Ipsilateral different lobe	16 (32)
Contralateral lobe	23 (46)
Median number of PLRs per patient (range)	1 (1-7)
Wedge resection (range)	1 (0-7)
Lobectomy (range)	0 (0-2)
Pneumonectomy (range)	0 (0-1)
Most extensive PLR type (n [%])	
Wedge resection	21 (42)
Lobectomy	23 (46)
Pneumonectomy	6 (12)
Time from PLR to SBRT (range) (mo)	33.4 (0.95-206.3)

PLR indicates prior lung resection; SBRT, stereotactic body radiation therapy.

Statistical Analyses

For TC, LC, and toxicity, all 141 tumors were included, but all other endpoints were calculated per patient. The Fisher exact and the Wilcoxon rank sum tests were used to detect differences by PLR status in the distribution of categorical variables and continuous variables. Survival and patterns of failure between patients with and without PLR were compared using the Kaplan-Meier method and the log-rank test, while toxicities were analyzed with the cumulative incidence method and the Gray test.

Cox proportional hazard regression was performed to identify predictors for TC for all patients. Fine and Gray regression for competing risk was used to evaluate predictors for RP for all patients. Clinical variables with a *P*-value <0.10 in univariable analysis were included in the multivariable analysis as potential confounders. All statistical analyses were performed using SAS version 9.4 (Carey, NC).

RESULTS

Patient and Tumor Characteristics

As shown in Table 1, patients with PLR were significantly younger, had better performance status and diffusing capacity of the lung for carbon monoxide, and had smaller tumors. Recurrent tumors and lung metastasis constituted a significantly higher proportion of the PLR group. There was a nonsignificant trend for a higher incidence of prior thoracic radiotherapy in patients with PLR.

PLR Characteristics

As shown in Table 2, lobectomy and wedge resection were the most common PLR (88%). The number of PLR per patient ranged from 1 to 7. About 46% PLRs were contralateral to the SBRT site.

SBRT Treatment Characteristics

Dosimetric data are shown in Table 1. Patients with PLR received a higher biologically effective dose (BED; *P*=0.01), lower dose to the lungs including V5 (*P*=0.03) and mean lung dose (MLD) (*P*=0.01), and lower dose to the chest wall V30 (*P*<0.01).

Outcomes

With a median follow-up of 21 months in survivors, outcomes are shown in Table 3. Patients with PLR had higher TC (1-y 100% vs. 93%, *P*<0.01, Fig. 1), but there was no difference in OS (1 and 2 y) nor other patterns of failure. The higher TC in PLR patients remained significant in the subset of patients with primary lung tumors, but not in patients with oligometastases (Table 3).

Patients with PLR had increased risk of grade 2 ≥ 2 RP (1-y cumulative incidence 12% vs. 1%, *P*<0.01, Fig. 2) and grade ≥ 2 any toxicity (1-y cumulative incidence 16% vs. 4%, *P*=0.01). Six patients with PLR developed RP (4 grade 2 and 2 grade 3; 1 pneumonectomy case, 2 lobectomy cases, and 3 wedge cases) and all were former smokers. Among these 6, 3 received chemotherapy (1 induction and 2 adjuvant therapy).

TABLE 3. The 1-Year/2-Year Estimates of Clinical Outcomes in All Patients, and PLR Versus no PLR Subgroups

1- and 2-Year Estimates	All (N = 130; 141 Tumors)	PLR (N = 50; 54 Tumors)	No PLR (N = 80; 87 Tumors)	<i>P</i>
Survival and tumor control (crude events) (n [%])				
TC	5 (95)/9 (90)	0 (100)/0 (100)	5 (93)/9 (849)	<0.01
TC in Primary Lung Tumors	5 (94)/8 (89) (115 tumors)	0 (100)/0 (100) (36 tumors)	5 (92)/8 (85) (79 tumors)	0.03
TC in Oligometastases	0 (100)/1 (91) (26 tumors)	0 (100)/0 (100) (18 tumors)	0 (100)/1 (75) (8 tumors)	0.19
RC	12 (89)/16 (84)	4 (90)/4 (90)	8 (88)/12 (80)	0.18
LRC	22 (80)/31 (67)	9 (79)/10 (73)	13 (80)/21 (64)	0.6
FFDM	43 (63)/51 (52)	20 (54)/22 (45)	23 (67)/29 (57)	0.33
FFR	49 (57)/57 (48)	21 (53)/23 (43)	28 (60)/34 (50)	0.64
OS	16 (87)/47 (57)	4 (91)/16 (56)	12 (85)/31 (57)	0.24
RFS	55 (56)/73 (38)	22 (52)/27 (34)	33 (58)/46 (40)	0.86
Toxicity (cumulative incidence) (%)				
Any toxicity ≥ grade 2	8/10	16/18	4/5	0.01
RP ≥ grade 2	5/5	12/12	1/1	<0.01
Esophagitis ≥ grade 2	1/1	0/0	1/1	0.43
CW pain ≥ grade 2	2/4	4/7	1/2	0.26

Median follow-up = 17.4 mo among the 130 patients.

Values in bold represent statistically significant (*P*<0.05).

CW indicates chest wall; FFDM, freedom from distant metastases; FFR, freedom from any recurrence; LRC, local-regional control; OS, overall survival; PLR, prior lung resection; RFS, recurrence-free survival; RP, radiation pneumonitis; TC, tumor control.

FIGURE 1. Difference of the Kaplan-Meier plots of TC in patients with and without PLR. Patients with PLR had significantly better TC than those without PLR. PLR indicates prior lung resection; TC, tumor control.

and 2 had prior radiation. The 6 PLR patients who developed RP had a median V5, V20, MLD, D1000cc, D1500cc, PTV, and internal target volume of 19.6%, 3.5%, 3.5 Gy, 0.67 Gy, 0.25 Gy, 15.9, and 4.2 mL, respectively, when compared with 14.7%, 4.0%, 3.1 Gy, 0.98 Gy, 0.37 Gy, 16.6, and 4.5 mL, respectively for patients (N=48) without RPs in PLR group.

Univariable/Multivariable Analysis

On univariable Cox regression for all patients, chemotherapy and BED were associated with improved TC, but only BED was associated with TC (hazard ratios [HR], 0.97; 95% confidence interval [CI], 0.94-0.999; $P=0.04$) on multivariable analysis.

Univariable Fine and Gray regression demonstrated PLR, chemotherapy and tumor grade were associated with grade ≥ 2 RP. Prior thoracic radiation ($P=0.58$), recurrent tumors ($P=0.15$) and lung metastasis ($P=0.12$) were not found associated with increased RP in our univariable Fine and Gray regression model (Table 4). As shown in Table 4, there was a significant increase in RP for pneumonectomy versus non-PLR group (HR, 15.30; 95% CI, 1.08-217.48; $P=0.04$) compared with the trend of increased RP in lobectomy versus non-PLR group (HR, 7.06; 95% CI, 0.64-77.51; $P=0.11$) and wedge resection versus non-PLR group (HR, 8.80; 95% CI, 0.92-84.48; $P=0.06$). However, on multivariable analysis, only chemotherapy use (HR, 14.92; 95% CI, 5.68-39.21; $P<0.0001$) remained associated with grade ≥ 2 RP (Table 4). After adjusting for chemotherapy use and other confounders identified on univariable analysis, PLR was not associated with increased grade ≥ 2 RP.

DISCUSSION

In this study, patients treated with SBRT for peripheral lung tumors had overall high TC (1-y 100%) and low incidences of severe toxicity in all patients with or without PLR, which is comparable with previously published data.³⁻¹¹ Tumor-related outcomes were not significantly different between patients with or without PLR except a finding of increased TC in patients with PLR. PLR's association with TC could not be evaluated on multivariate analysis because of zero TC failure events in the PLR group. In addition, there was a

FIGURE 2. Comparison of cumulative incidence plots of grade ≥ 2 radiation pneumonitis between patients with and without PLR. Patients with PLR had significantly higher rate of grade ≥ 2 radiation pneumonitis than those without PLR. PLR indicates prior lung resection.

significantly higher incidence of grade ≥ 2 RP in patients with PLR with a 1-year estimate of 12% versus 1% on univariate analysis, but this association with PLR was not significant on multivariable analysis after adjusting for use of chemotherapy and other confounders.

Contrasting our findings with the existing literature, Haasbeek et al¹³ described a series of 15 patients treated with SBRT for a SPLC after prior pneumonectomy and reported a LC of 100% and 2 cases (13%) of grade ≥ 3 RP. Thompson et al¹⁵ demonstrated SBRT outcomes on patients with previous pneumonectomy (N=14) with 2-year OS of 61%, LC of 100%, and 2 cases of grade ≥ 3 RP (14%). Xiong et al¹⁶ noted 1-year LC of 91%, and grade ≥ 2 RP (including either cough and/or dyspnea) of 35% (N=23) treated with SBRT for isolated lung metastasis after lobectomy. Griffioen et al¹⁷ showed 3-year OS of 60%, 3-year LC of 89% and uncommon RP (acute grade 2: <1%; late grade 2: 7%; late grade ≥ 3 : 3.7%) for 107 patients who had undergone surgery (73% (bi)lobectomy) and treated with SBRT for SPLC. Hayes et al¹⁸ reported nonstatistically significant difference in post-SBRT RP risk between patients with (N=17) and without (N=71) prior (bi)lobectomy or pneumonectomy (2-y 11% vs. 3%; $P=0.51$).

In comparison to these prior studies, we explored risk of toxicity in patients with both nonanatomic (wedge resection) and anatomic (lobectomy or pneumonectomy) and analyzed the data using a competing risk cumulative incidence method. In our study, PLR was also not associated with increased risk of grade ≥ 2 RP on multivariate analysis. However, definitive conclusions cannot be made due to the small sample sizes in each subgroup, and the small number of RP events overall. Our univariable/multivariable results suggest PLR and RP association may be confounded by chemotherapy, and there might be other unevaluated confounders beyond those analyzed in this study. Further exploration regarding PLR and its potential association with symptomatic RP in patients receiving SBRT (eg, anatomic location, extent of resection, and timing of resection) in larger cohorts is required.

Chemotherapy use before or after SBRT was associated with increased RP in all patients. Among the patients with PLR in this study, 7% had sequential chemotherapy. In comparison

TABLE 4. Univariable/Multivariable Cox Proportion Hazard Analyses for Radiation Pneumonitis $\geq$ Grade 2

Covariate	Univariable For All Patients (141 Tumors)		Multivariable For All Patients (141 Tumors)	
	HR (95% CI)	P	HR (95% CI)	P
Age <median age vs. $\geq$ median	3.26 (0.65-16.37) (median = 70)	0.15		
Female vs. male	4.79 (0.60-38.17)	0.14		
Pack-years <median vs. $\geq$ median	1.22 (0.28-5.37) (median = 41.5)	0.79		
FEV1 <median vs. $\geq$ median (L)	0.36 (0.07-1.90) (median = 1.7)	0.23		
History of COPD vs. none	0.70 (0.14-3.61)	0.67		
History of prior thoracic RT vs. none	1.59 (0.31-8.13)	0.58		
Recurrent tumor vs. none	2.97 (0.69-12.88)	0.15		
T-stage				
T1b vs. T1a	0.60 (0.07-5.47)	0.65		
Tumor size <median vs. $\geq$ median (cm)	1.81 (0.40-8.10) (median = 1.9)	0.44		
Lower lobe vs. upper/middle lobe	1.55 (0.35-6.88)	0.56		
Histology				
Lung metastasis vs. primary tumor	3.16 (0.74-13.59)	0.12		
Clinical diagnosis vs. biopsy proven	1.44 (0.17-12.37)	0.74		
Adenocarcinoma vs. others	1.34 (0.30-5.92)	0.70		
Tumor grade 3 vs. grades 1-2/unknown	4.78 (1.09-20.95)	0.04	1.16 (0.18-7.40)	0.87
PLR	10.20 (1.23-84.85)	0.03	8.26 (0.73-93.87)	0.09
Pneumonectomy vs. none	15.30 (1.08-217.48)	0.04		
Lobectomy vs. none	7.06 (0.64-77.51)	0.11		
Wedge vs. none	8.80 (0.92-84.48)	0.06		
BED <median vs. $\geq$ median (Gy)	0.31 (0.04-2.56) (median = 151.2)	0.28		
VMAT vs. 3D conformal	1.64 (0.32-8.31)	0.55		
ITV volume <median vs. $\geq$ median (mL)	6.73 (0.81-55.69) (median = 8.7)	0.08	3.55 (0.73-17.27)	0.12
Lung V20 <median vs. $\geq$ median (%)	1.42 (0.32-6.26) (median = 4)	0.64		
Lung MLD <median vs. $\geq$ median (Gy)	0.67 (0.15-2.97) (median = 3.6)	0.60		
Chemotherapy vs. no chemotherapy	11.26 (2.59-49.04)	<0.01	14.92 (5.68-39.21)	<0.0001
Adjuvant chemotherapy vs. no chemotherapy	19.90 (4.37-102.56)	<0.01		
Induction chemotherapy vs. no chemotherapy	7.41 (1.34-40.97)	0.02		

Values in bold represent statistically significant ($P < 0.05$).

BED indicates biologically effective dose; CI, confidence interval; COPD, chronic obstructive pulmonary disease; 3D, 3-dimensional; HR, hazard ratios; FEV1, forced expiratory volume in 1 second; ITV, internal target volume; MLD, mean lung dose; PLR, prior lung resection; RT, radiation therapy; V20 (%), % volume which receives at least 20 Gy radiation dose; VMAT, volumetric modulated arc therapy.

with other postsurgical SBRT series, Griffioen and colleagues included very few patients with chemotherapy (1.9%), and demonstrated a very low incidence of symptomatic RP, while Xiong et al¹⁶ included many patients treated with prior chemotherapy (78%) and showed the highest incidence of 35% symptomatic pneumonitis.¹⁸ In this series, 2 of the 6 PLR patients who developed symptomatic RP received adjuvant chemotherapy. Nevertheless, these imbalances in chemotherapy utilization may reflect differences in the composition of each series, which may also introduce unmeasured confounders.

Prior studies demonstrate that the risk of RP after SBRT is associated with MLD, V20¹¹ and V5.¹⁹ PTV size and ipsilateral lung V5 were also found to be potential predictors for post-SBRT RP grade ≥ 2 for isolated lung metastasis with prior lobectomy.¹⁶ However, none of the dosimetric parameters were associated with RP risk in our series. Our PLR group in general had significantly smaller tumors and lower V5 and MLD compared with patients without PLR, and the 6 patients that did develop symptomatic RP had acceptably low lung metrics. Thus, while clinicians should be mindful of a potential increased risk of RP in patients with PLR and optimize lung

metrics in this subgroup of patients by more conservative constraints, the overall risk of symptomatic RP remains low and these patients should continue to be candidates for curative SBRT for second primary lung tumors or lung metastases.

The findings of this study must be interpreted in the context of the study design, and limitations include possible underestimating of RP events in a retrospective analysis, small number of toxicity events that may lead to overfitting of the regression models, and lack of post-SBRT PFT data to objectively measure pulmonary decline.

CONCLUSIONS

In this series describing clinical outcomes and toxicity for patients treated with SBRT with PLR, we demonstrate high local control and relatively low incidence of symptomatic toxicity. There was no significant association between PLR and symptomatic RP on multivariable analysis after adjusting for chemotherapy as a confounder, but this potential association warrants further study. Thus, SBRT is an excellent option to treat second lung tumors or pulmonary metastases in patients with PLR who are not candidates for further surgery.

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