Filling the Glass

Citation for published version (APA):

Document status and date:
Published: 01/01/2017

DOI:
10.26481/dis.20170921jb

Document Version:
Publisher's PDF, also known as Version of record

Please check the document version of this publication:
• A submitted manuscript is the version of the article upon submission and before peer-review. There can be important differences between the submitted version and the official published version of record. People interested in the research are advised to contact the author for the final version of the publication, or visit the DOI to the publisher's website.
• The final author version and the galley proof are versions of the publication after peer review.
• The final published version features the final layout of the paper including the volume, issue and page numbers.

Link to publication

General rights
Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.
• Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
• You may not further distribute the material or use it for any profit-making activity or commercial gain
• You may freely distribute the URL identifying the publication in the public portal.

If the publication is distributed under the terms of Article 25fa of the Dutch Copyright Act, indicated by the “Taverne” license above, please follow below link for the End User Agreement:
www.umlib.nl/taverne-license

Take down policy
If you believe that this document breaches copyright please contact us at:
repository@maastrichtuniversity.nl
providing details and we will investigate your claim.

Download date: 26 Nov. 2019
Propositions of the thesis

‘Filling the Glass: optimism as a protective factor against pain-induced executive functioning impairments’

- Experimentally induced pain does not only deteriorate concurrent, but also subsequent executive task performance (this dissertation)

- Although optimism is considered a personality trait, it is possible to change optimism (this dissertation)

- It is important to not only concentrate on the negative effects of pain but also to pursue factors that protect against these effects (this dissertation)

- The distinction between positive affect and optimism is irrelevant for chronic pain patients (this dissertation)

- Insurance companies and policy makers should acknowledge the enormous societal impact of chronic pain and promote research that examines psychological factors that can reduce this impact (valorisation)

- The ultimate aim of science is to establish what is true and something is only true when it replicates.

- ‘Don't become a mere recorder of facts, but try to penetrate the mystery of their origin’ (Ivan Pavlov)

- ‘The separation of psychology from the premises of biology is purely artificial, because the human psyche lives in indissoluble union with the body’ (Carl Jung)

- ‘Worrying means you suffer twice’ (Newt Scamander from Fantastic Beasts and Where to Find Them)

- ‘Wonder is the beginning of wisdom’ (Socrates)

- ‘There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle’ (Albert Einstein)