

Stellingen
Behorend bij het proefschrift

EMPLOYING E-LEARNING TO PROMOTE SMOKING CESSATION CARE

Development and evaluation of a tailored e-learning program to support practice nurses to optimally adhere to evidence-based smoking cessation guidelines

Dennis de Ruijter

1. As self-efficacy and perceived advantages are associated with both practice nurses' overall and step-based adherence to smoking cessation guidelines, support programs should target these factors when aiming to improve practice nurses' adherence – this dissertation
2. Practice nurses with little counseling experience need additional adherence support in order to benefit from a tailored e-learning program – this dissertation
3. Providing practice nurses with a tailored e-learning program is a cost-effective way to improve the quality of their smoking cessation care, while the quantity of care remains similar – this dissertation
4. Co-created adaptation of the e-learning program for a wide range of healthcare professionals will lead to greater public health benefits – this dissertation
5. Making an e-learning program available for all practice nurses will reduce their need to participate in more expensive and time consuming face-to-face training programs – valorization addendum
6. Mere dissemination of a guideline does not guarantee that doing 'the right thing' becomes doing 'the easy thing' for healthcare professionals.
7. A good support program aims at changing the problem behavior; a great support program aims at changing the individual in his environment.
8. Champions can support program implementation by making use of existing peer education structures in general practice.
9. Tell me and I'll forget. Show me and I may remember. Involve me and I learn. – Benjamin Franklin