1. Protein quality of a meal is related to the postprandial anabolic response of the intestine (dit proefschrift).

2. The (non-)compartmental stable tracer pulse infusion technique is a better method to quantify whole body protein breakdown than the traditional primed-continuous infusion technique. (dit proefschrift).

3. In acute liver failure, whole body NO production is not limited by arginine deficiency or higher ADMA levels (dit proefschrift).

4. To study factors that lead to enhanced, reduced or modified absorption kinetics of nutritional substrates, a sophisticated model in multi-catheterized pigs along with the use of isotopes that can quantify absorption and gut metabolism is preferable (dit proefschrift).

5. In the acute phase of severe sepsis, early support of gut metabolism should be imminent to prevent or attenuate gut dysfunction.

6. The quality grade of proteins should be added to the “Nutrition Facts” sheet on food packaging.


9. Conducting animal research: hands-on experience and/or learning from an expert saves more research animals than bureaucratic paperwork.

10. A world constructed from the familiar is a world in which there’s nothing to learn ... (since there is) invisible autopropaganda, indoctrinating us with our own ideas. (Eli Pariser in The Economist, 2011[14])

11. A day without learning is a day wasted. There is so much to learn and so little time to learn it. (Albert Einstein)