Unmet reproductive health care needs among rural Ghanaian women

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1. Reproductive health targets like service quality and user satisfaction are not only reproductive outcome measures, but also important determinants of reproductive health service use among women in West Africa (Chapter 2 of this dissertation).

2. Focused reproductive counselling and clinic arrangements facilitate the access and use of contraceptives among rural Ghanaian women (Chapter 5 of this dissertation).

3. The lack of health insurance negatively impacts on maternity care outcomes among Ghanaian women (Chapter 3 of this dissertation).

4. Entitling pregnant women to a number of antenatal visits does not ensure that adequate care is received (Chapter 3 of this dissertation).

5. Meeting women’s reproductive and maternity health service needs require better collaboration between the various stakeholders such as health providers, patients, policy and political actors, community leaders and academics (Chapter 4, and 6 of this dissertation).

6. To improve reproductive health care in Ghana, health services should incorporate patient-centered care values (Chapter 3, 5, & 6 of this dissertation).

7. We can do no great things, only small things with great love (Mother Teresa).

8. Destiny is not what is said about you, destiny is the faith push in you.

9. To be happy in this life, we have to learn to make the best out of everything that come our way.

10. But we have this treasure in jars of clay to show that this all-surpassing power is from God and not from us (2 Corinthians 4:7).