

# It has been done elsewhere, it can be done everywhere : impact of smoke-free legislation on smoking

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## **Stellingen**

behorende bij het proefschrift

**It has been done elsewhere, it can be done everywhere**

**Impact of smoke-free legislation on smoking**

Gera E. Nagelhout

1. Als een rookvrije horeca succesvol geïmplementeerd kan worden in Ierland en Spanje, zou dit ook mogelijk moeten zijn in Nederland en Duitsland (dit proefschrift)
2. Een volledig rookverbod voor alle werkplekken zonder uitzonderingen en zonder rookruimtes is essentieel om mensen te beschermen tegen de schade van meeroken en kan rokers stimuleren om te stoppen met roken (dit proefschrift)
3. Campagne voeren over de schade van meeroken zou continu moeten gebeuren; hier moet in ieder geval mee gestart worden voordat een rookverbod wordt ingevoerd (dit proefschrift)
4. De voordelen van rookverboden voor niet-rokers en rokers die willen stoppen met roken wegen op tegen de nadelen voor rokers die zich hierdoor mogelijk gedenormaliseerd of gestigmatiserden voelen (dit proefschrift)
5. The Framework Convention on Tobacco Control sets a floor, not a ceiling, for national and international tobacco control efforts (Framework Convention Alliance for Tobacco Control)
6. Our lack of greater progress in tobacco control is more the result of failure to implement proven strategies than it is the lack of knowledge about what to do (David Satcher)
7. Het vergoeden van ondersteuning bij stoppen met roken is niet meer dan eerlijk zolang de overheid geld verdient met tabaksaccijnzen
8. Stoppen met roken is de norm voor zwangere vrouwen, hetzelfde zou moeten gelden voor aanstaande vaders
9. Everything deserves a why (National Geographic)
10. You can't stop the waves, but you can learn to surf (Jon Kabat-Zinn)