

Measures and determinants of outcome in conservative intermittent claudication treatment

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STELLINGEN

behorende bij het proefschrift

Measures and determinants of outcome in conservative intermittent claudication treatment

Marijn M.L. van den Houten

1. Small improvements in treadmill-measured walking capacity after three months of supervised exercise therapy for intermittent claudication are not satisfactory in the patient's eyes and may even be considered a deterioration. – dit proefschrift.
2. Supervised exercise therapy and home-based exercise therapy lead to substantial increases in daily physical activity levels in intermittent claudication patients in the short term. – dit proefschrift.
3. The efficacy of supervised exercise therapy with regards to improving walking performance and health-related quality of life in intermittent claudication patients in the short term is not influenced by arterial disease level. – dit proefschrift.
4. All intermittent claudication patients should receive a trial of supervised exercise therapy before invasive treatment is considered, regardless of the location or extent of the stenosis. – dit proefschrift.
5. I think the findings here change the way I think about this disease, but I will still continue to fix the inflow first (as it appears most people do). – anonieme peer-reviewer, *Annals of Surgery*, 2020.
6. De inzet van de wetenschappen is naast exactheid en strikte objectiviteit, waardevrijheid. – proefschrift Coen van den Houten, 1993.
7. Door het implementeren van stepped care [in de zorg voor mensen met claudicatio intermittens] is er een impact van jaarlijks €30.700.000 ten opzichte van de situatie in 2011. – eindevaluatie Zinnige Zorg traject Perifeer Arterieel Vaatlijden, Zorg Instituut Nederland, 2021.
8. Knowing is not enough: we must apply. Willing is not enough: we must do. – Johan Wolfgang von Goethe, 1821.
9. The most important person in the operating room is the patient. – Russell John Howard (1875–1942).
10. *Publiceren* is als een fles ketchup: Soms doe je ontzettend je best en komt er niets, maar als het eenmaal komt is er geen houden meer aan. – vrij naar Ruud van Nistelrooij.